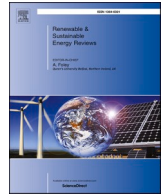













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## Review on properties, physics, and fabrication of two-dimensional material-based metal-matrix composites (2DMMCs) for heat transfer systems

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## A B S T R A C T

In the exploration of new materials development, 2D materials have received much attention due to their outstanding properties in terms of e.g. strength, and electrical and thermal conductivities. Graphene and boron nitride, amongst other 2D materials, are renowned for their exceptional thermal conductivity. In this review, we examine the properties, physics, and fabrication techniques of 2D material-based metal-matrix composites (2DMMCs) with a specific focus on heat transfer systems. The on-going demand for better electronic cooling systems in combination with advancements in mass production techniques of 2D materials facilitates the application of 2DMMCs in heat transfer systems. However, currently, the thermal behaviour of 2DMMCs remains largely uncategorized, strengthening the timely context of this review. Next to recent research progress, material properties, production techniques and strategies for improving thermal conductivity of 2DMMCs are addressed in this work. Methods to reliably assess the thermal conductivity of 2D enhanced materials are discussed alongside the fabrication techniques for 2D-material feedstocks for 2DMMCs production. Also, current limitations in the heat transfer capabilities of 2DMMCs, alongside prospects for enhancing thermal properties through emerging technologies, such as additive manufacturing, are addressed.

## Abbreviations

Terms	Abbreviations
2D material-based metal matrix composite	2DMMC
Additive manufacturing	AM
Binder jetting	BJ
Boron nitride nanosheets	BNNS
Ball milling	BM
Black phosphorus	BP
Cold spray	CS
Chemical vapour deposition	CVD
Direct current	DC
Directed energy deposition	DED
Deposition process	DP

*(continued on next column)**(continued)*

Equal channel angular pressing	ECAP
Few layers graphene	FLG
Graphene nanosheets	GNS
Graphene nanoplates	GNP
Graphene oxide	GO
Hexagonal BN	h-BN
Hot extrusion	HE
Hot isostatic pressing	HIP
High pressure torsion	HPT
Integrated circuit	IC
Interfacial thermal conductance	ITC
Liquid base process	LBP
Laser deposition manufacturing	LDM

*(continued on next page)*

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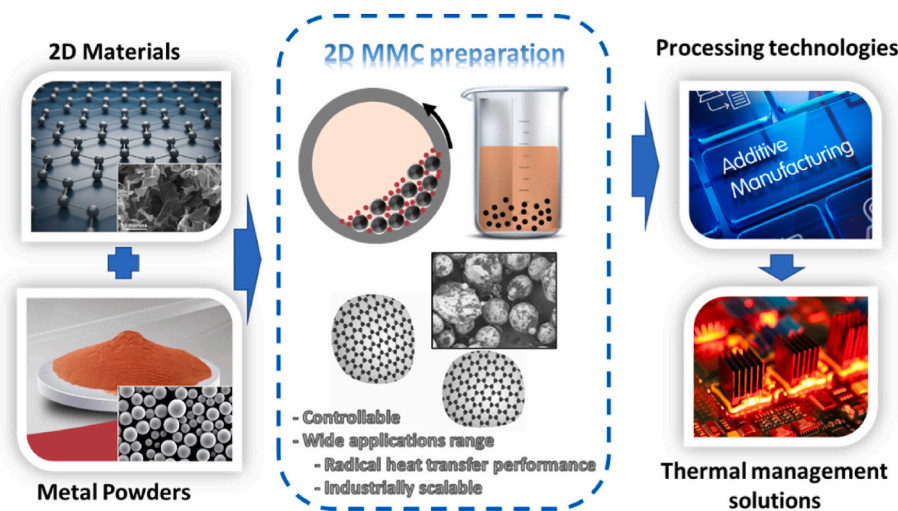


Fig. 1. General synopsis of this review outlining the innovation in 2D-phase materials for heat transfer applications through functional 2DMMCs.

(continued)

Laser flash apparatus	LFA
Laser-powder bed fusion	LPBF
Liquid phase exfoliation	LPE
Mechanochemically functionalized graphene	MFG
Metal organic framework	MOF
Powder bed fusion	PBF
Pulsed current	PC
Powder metallurgy	PM
Plasma spray	PS
Reduced graphene film	rGF
Reduced graphene oxide	rGO
Stir casting	SC
Scanning electron microscope	SEM
Single layer graphene	SLG
Severe plastic deformation	SPD
Spark plasma sintering	SPS
Transmission electron microscope	TEM
Transition metal dichalcogenide	TMD
Temperature modulated differential scanning calorimetry	TM-DSC
Transient plane source	TPS
Van Der Waals	vdW
X-ray diffraction	XRD

## 1. Introduction

The development of 2D (nano)materials has received great attention recently due to their outstanding mechanical properties, electrical and thermal conductivities [1–3]. In particular, the increase in thermal conductivity may lead to innovative applications in thermal management, cooling of electronics and other heat transfer applications. The use of more conventional alternatives, such as diamond, known for its high thermal conductivity, is self-limiting due to processing difficulties and high cost [4]. Implementing 2D materials holds the potential to bring about a significant advancement in this field, reaching performances previously only dreamt of. The thermal conductivity of 2D materials, such as graphene or hexagonal-Boron Nitride (h-BN), has been reported to be ranging between 2 and 5 times higher than synthetic diamond [5, 6]. With recent matured 2D materials research, scalable and cost-efficient productions of 2D materials are being developed [7]. Alongside, the rapid progress in metal Additive Manufacturing (AM) allows the use of advanced powder-based processes like Cold Spray (CS), Powder Bed Fusion (PBF), or Binder Jetting (BJ) to fabricate near-net-shape geometries ideal for heat transfer purposes [8–10]. By engineering a metallic-based powder material with embedded 2D phase, it is possible to additively manufacture 3D structures with potentially

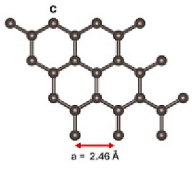
superior thermal characteristics (see Fig. 1).

2D material-based Metal-Matrix Composites (2DMMCs) have been extensively explored in the literature [11,12]. However, the thermal behaviour of this material class remains largely uncategorized. Metal provides ductility, load-bearing features, printability, and a high melting temperature, while the 2D phase introduces exceptional thermal properties [13–15]. The interaction between these two components in terms of material performances is a critical aspect that has not been thoroughly investigated. It may impact technology and society by generating innovative solutions that can address global challenges, particularly in the realms of energy and manufacturing.

### 1.1. Materials

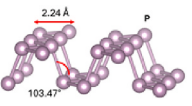
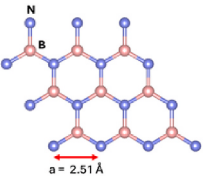
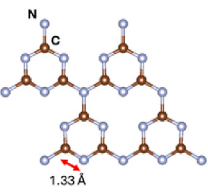
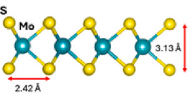
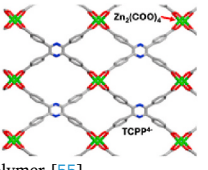
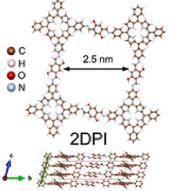
The thermal conductivity of graphene ranges from 3080 to 5150 W/mK [16], surpassing that of natural diamond at 2000 W/mK [17]. Also, h-BN and cubic BN exhibit a thermal conductivity of 700 to 2000 W/mK [18,19]. Notably, graphene and h-BN can already be produced in large quantities in laboratory conditions [20], however, an efficient integration into thermal control devices is currently lacking [21]. 2D materials, including graphene and Transition Metal Dichalcogenides (TMDs) like  $C_3N_4$ ,  $MoS_2$ ,  $Bi_2Te_3$ , and  $WS_2$ , offer specific properties crucial for high-end thermal management solutions. Methods for their fabrication include wet exfoliation, Chemical Vapour Deposition (CVD), mechanical cleavage, solvent exfoliation, sonication, and solid-state reaction [7]. On the other hand, processing technologies like PBF and Directed Energy Deposition (DED) are well-established in AM and industrial adoption is upscaling rapidly. These techniques use a high-power energy beam to selectively fuse the feedstock material layer by layer, enabling the rapid production of complex components with fine details [8,22]. In addition, CS, a non beam-based solid-state material deposition process, is considered as the 'next generation' AM technology [23]. While various materials, including metals and ceramics, can be processed via established AM technologies, studies on the direct fabrication of 2DMMCs through AM are still limited. Recent studies, such as Yin et al. [24], demonstrate that CS, assisted by Ball Milling (BM), can produce graphene-reinforced copper MMC materials. More recently, PBF combined with ultrasonic dispersion successfully produced graphene-reinforced aluminium [25] and Inconel 718 MMCs [26]. However, a common challenge in these manufacturing processes is achieving homogeneous dispersion and non-compromised properties of the 2D phase in both the powder feedstock and fabricated products.

**Table 1**  
Data available in the literature on thermal properties test condition and results for the 2D materials.

2D material	Composition	Property	Measured value	Fabrication and measurement condition	Sample Size	Test Temperature	k Method applied	REF	
	C	$k$ ( $\text{Wm}^{-1}\text{K}^{-1}$ )	4840–5300	SLG (suspended)	2–5 $\mu\text{m}$	RT	–	[21]	
			3080–5150	Exfoliation SLG (suspended)	1–5 $\mu\text{m}$	RT	–	[21]	
			2350–3100	Exfoliation SLG (suspended)	2.9–9.7 $\mu\text{m}$	RT	–	[21]	
			579 $\pm$ 34	CVD SLG (supported)	2.4 $\mu\text{m}$	RT	–	[21]	
			370	Exfoliation SLG (supported) CVD	1.9 $\mu\text{m}$	RT	–	[21]	
			160	SLG (encased)	–	310 K	–	[21]	
			1500–3000	Exfoliation FLG (suspended)	1–5 $\mu\text{m}$	RT	–	[21]	
			170–1250	Exfoliation FLG (supported)	1–5 $\mu\text{m}$	RT	–	[21]	
			30–1000	Exfoliation FLG (encased)	–	310 K	–	[21]	
			4800–5300	Exfoliation Optothermal Raman Method	–	–	–	Raman	[5]
			2400	Np SThM	–	RT	–	Raman	[5]
			5300 $\pm$ 480	SLG	–	–	–	Laser Flash	[44]
			2300	CVD supported on Cu/Ni	–	–	2–3 layer	Laser Flash	[44]
			5000	SLG	–	–	–	–	[45]
			4000–5000	–	–	–	–	Laser Flash	[46]
			809.5	RGFs (Annealing 1800 °C)	25 $\mu\text{m}$	300–400 K	–	–	[21]
			1043.5	RGFs (Annealing 1200 °C)	6 $\mu\text{m}$	300–400 K	–	–	[21]
			1102.6	RGFs (Annealing 27 °C)	8.4 $\mu\text{m}$	300–400 K	–	–	[21]
			1200	RGFs (Annealing 2000 °C)	13 $\mu\text{m}$	300–400 K	–	–	[21]
			1238.3	RGFs (Annealing 2200 °C)	12 $\mu\text{m}$	–	–	–	[21]
			1285	RGFs (Annealing 2400 °C)	–	–	–	–	[21]
			1940	RGFs (Annealing 3000 °C)	10 $\mu\text{m}$	20 °C	–	–	[21]
			3214	RGFs (Annealing 2850 °C)	0.8 $\mu\text{m}$	20 °C	–	–	[21]
			361–379	SLG (Cu-Graphene)	9 $\mu\text{m}$	20 °C	–	Laser Flash	[47]
			346–378	FLG (Cu-Graphene)	9 $\mu\text{m}$	300–400 K	–	Laser Flash	[47]
			354–374	SLG (Cu-Graphene)	25 $\mu\text{m}$	–	–	Laser Flash	[47]
			372–377	FLG (Cu-Graphene)	25 $\mu\text{m}$	–	–	Laser Flash	[47]
			1016	GO/poly-naphthylamine	–	–	–	–	[21]
			251.23 (in plane)	Cu-rGO	2 mm	–	–	Laser Flash	[46]
			28.48 (through plane)	Cu-rGO	2 mm	–	–	Laser Flash	[46]
			154	0.1 wt% Al/G composite	5 mm	–	–	Laser Flash	[48]
			159	0.2 wt% Al/G composite	5 mm	–	–	Laser Flash	[48]
			165	0.3 wt% Al/G composite	5 mm	–	–	Laser Flash	[48]
			$\alpha$ ( $\text{mm}^2 \text{S}^{-1}$ )	SLG	9 $\mu\text{m}$	–	–	Laser Flash	[47]
				FLG	9 $\mu\text{m}$	300–400 K	–	Laser Flash	[47]
SLG	25 $\mu\text{m}$	300–400 K		–	Laser Flash	[47]			
FLG	25 $\mu\text{m}$	300–400 K		–	Laser Flash	[47]			
635	GO/poly-naphthylamine	–		–	–	–	[21]		
100–104	G/Cu bulk	2.4 nm	–	–	Laser Flash	[49]			
0.85	SLG	–	RT	–	Laser Flash	[50]			
$C_p$ ( $\text{J g}^{-1} \text{K}^{-1}$ )	0.921	0.1 wt% Al/G composite	5 mm	–	DSC	[48]			
	0.928	0.2 wt% Al/G composite	5 mm	–	DSC	[48]			
	0.987	0.3 wt% Al/G composite	5 mm	–	DSC	[48]			
	–	–	–	–	–	–	–		

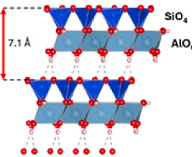
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Table 1 (continued)

2D material	Composition	Property	Measured value	Fabrication and measurement condition	Sample Size	Test Temperature	k Method applied	REF
BP [43]	P	$k$ ( $\text{W m}^{-1} \text{K}^{-1}$ )	110 (armchair) 36 (zigzag) 10	– – –	– – –	300 K 300 K RT	Raman Raman Raman	[51] [51] [51]
								
h-BN [43]	Hexagonal boron nitride	$k$ ( $\text{W m}^{-1} \text{K}^{-1}$ )	250 360 484 751 646 602 227	Exfoliated Suspended Exfoliated Suspended Exfoliated Suspended Exfoliated Suspended Exfoliated Suspended Exfoliated Suspended CVD Suspended	5 layers 11 layers 2 layers 1 layer 2 layers 3 layers 9 layers	– – – – – – RT	– – – – – – DSC	[21] [21] [21] [21] [21] [21] [21] [50]
								
BNNS	Boron nitride nanosheet	$k$ ( $\text{W m}^{-1} \text{K}^{-1}$ ) in plane	600 20.4 13.2 31.3	CVD – BNNS/EVA BNNS/ANF@AgNW	– – – 8 nm (<20 layers)	– – – 30-135 °C	Laser Flash Laser Flash Laser Flash Laser Flash	[52] [53] [52] [53]
		$k$ ( $\text{W m}^{-1} \text{K}^{-1}$ ) through plane	16.3 2–30	BNNS/PVDF CVD	– 8.8 nm	– –	Laser Flash Laser Flash	[52] [52]
g-C <sub>3</sub> N <sub>4</sub> [43]				It possesses a condensed and conjugated structure. Properties of low charge recombination, efficient electron conductivity, fast kinetics, high photoabsorbance activity			Laser Flash	[51]
								
MoS <sub>2</sub> [43]	MoS <sub>2</sub>	$k$ ( $\text{W m}^{-1} \text{K}^{-1}$ )	84 77 60.3 38.4 44.8 36.9 62.2 60.3 52	Exfoliated Suspended Exfoliated Suspended CVD Suspended CVD Suspended CVD Suspended CVD Suspended Exfoliated Supported by SiO <sub>2</sub> Exfoliated Supported by Glass CVD, transferred, suspended	1 layer 2 layers 1 layer 2 layers 3 layers 4 layers 1 layer 4 layers 11 layers	RT – – – – – – – –	– – – – – – – – Raman	[21] [21] [21] [21] [21] [21] [21] [21] [51]
								
Zn-TCPP MOF [54]		Unique architectures, distinctive features, and desirable structural details.					Raman	[51]
								
Polymer [55]	General	$k$ ( $\text{W m}^{-1} \text{K}^{-1}$ )	<0.5 0.2			– –	– Laser Flash	[5] [56]
								
	EP (CF)/olefin block copolymer(OBC) composites	$k$ ( $\text{W m}^{-1} \text{K}^{-1}$ ) through plane	0.22 15.06			20-100 °C –	Laser Flash Laser Flash	[51] [57]
	Graphitized polyimide (PI)	$k$ ( $\text{W m}^{-1} \text{K}^{-1}$ )	120			–	Theoretical calculated	[58]
	(FBN)/PVA	$k$ ( $\text{W m}^{-1} \text{K}^{-1}$ )	38.27	55 % UHMWPE		25-100 °C 25-100 °C	Laser Flash –	[57] [14]
	UHMWPE	$k$ ( $\text{W m}^{-1} \text{K}^{-1}$ ) through plane	15.06 1.17 1.58	30 % loading CF Random structure Parallel structure		25-100 °C 25-100 °C 25-100 °C	Laser Flash Laser Flash Laser Flash	[57] [57] [57]
Clays [43]	e.g., Kaolinite Al <sub>2</sub> Si <sub>2</sub> O <sub>5</sub> (OH) <sub>4</sub>	Low thermal conductivity					TPS	[56]

(continued on next page)

Table 1 (continued)

2D material	Composition	Property	Measured value	Fabrication and measurement condition	Sample Size	Test Temperature	k Method applied	REF
								

### 1.2. Heat transfer applications

Industry demands thermal solutions capable of dissipating high heat fluxes at low thermal resistance. As the integration of "hot" devices advances across various industries, from electric vehicles to aerospace and from defence to consumer products, thermal challenges and cooling issues intensify [27–30]. Heat exchange is increasingly becoming the limiting factor for future innovations, as indicated in recent industry roadmaps [28]. Integrated Circuit (IC) components are adhering to Moore's Law, halving in size and doubling in power roughly every 18 months [31]. While this escalation in power enhances performance, it concurrently elevates heat generation. Moreover, the size reduction imposes detrimental constraints on the available surface area for traditional cooling methods. A review by Nguyen et al. in the early 2000s on cooling methods for laptop CPUs already highlighted the imperative use of heat pipe technology to enhance cooling efficiency [32]. Presently, this scenario continues to persist. With the adoption of miniaturization in electronics, the limitations of standard forced convection cooling methods have been surpassed [33]. Following Moore's Law, heat fluxes exceeding  $1000 \text{ W/cm}^2$  are anticipated in the next decade, as well as modern data centres already host servers with power densities reaching  $200 \text{ W/cm}^2$  [28,34]. Therefore, the potential revolutionary applications of increased thermal conductivity are of particular interest, along with the need for developing new material systems such as 2DMMCs.

Taking all of this into consideration, the study on the production and application of 2DMMC for single-phase and high-performance cooling systems is essential to keep up with technological advancements. Hence, we review the properties of 2D materials (Section 2), the impact of production technologies on the quality of 2DMMC feedstocks (Section 3), and proper fabrication techniques for 2DMMC parts (Section 4). Furthermore, we propose strategies to improve thermal conductivity in 2DMMCs (Section 5), as well as the current challenges and future potentials in the heat transfer applications of 2DMMCs (Section 6).

## 2. Properties of 2D materials

The measurement of 2D material properties under characterization requires critical attention. These measurements necessitate special consideration due to the unique nature of 2D materials. For this reason, researchers have developed specific conditions for their measurements to ensure accurate characterization and analyses. In this section, we review the properties of 2D materials, and the corresponding measurement techniques and conditions. In particular, the extraordinary properties of 2D materials that make them stand out compared to commercial bulk materials are highlighted.

### 2.1. Thermophysical properties of 2D materials

The thermophysical properties of the best 2D materials from a thermal perspective are discussed in this section. In addition, their composition, conditions for the measurements, and sample sizes are also considered.

Graphene is the most extensively studied 2D material in terms of thermophysical properties, as evidenced by the extension of data listed

in Table 1. However, the reported thermal conductivity of graphene differs up to one degree of magnitude. This dispersion may also be attributed to the thermal characterization method, as well as the sample size used for the measurements. Therefore, the values obtained from the thermal characterization should be interpreted with consideration of the measurement conditions, such as sample mass, porosity (air), methodology, sample shape, and other aspects. As this concern is evident for graphene, the properties of the other materials listed in Table 1 should also be considered with caution.

Overall, in this subsection, thermophysical properties of 2D materials, including graphene, Black Phosphorus (BP), h-BN, Boron Nitride NanoSheets (BNNS),  $g\text{-C}_3\text{N}_4$ ,  $\text{MoS}_2$ , Zn-TCPP Metal Organic Framework (MOF), polymers, and clay are representatively reviewed, due to their intriguing properties as follows: 1. the exceptional thermal conductivity of graphene [16], h-BN [19], and BNNS [35]; 2. the directional thermal transport along crystal plane in BP [36]; 3. the multifunctionality such as tuneable electrical properties in  $\text{MoS}_2$  [37] and photocatalytic activity in  $g\text{-C}_3\text{N}_4$  [38]; 4. the modifiable thermal conductivity in MOFs based on pore size and shape [39,40]; and 5. the good thermal insulation properties of polymers [41], and clay [42].

### 2.2. Other properties

In addition to their attractive thermophysical properties, 2D materials can exhibit very interesting physical and mechanical properties. Notably, 2D materials can resist increased mechanical strain due to their single-atomic-layer structures. Their mechanical properties (Young's modulus) are mainly measured by an indentation on circular membranes or on pressurizing membranes and the reported value depends on the processing methods (exfoliation, CVD, SLG, etc) [59]. On the other hand, their electrical properties, mainly characterized by the Eddy Current conductivity meter technique, are less dependent on the fabrication process [60].

The density of 2D materials is mostly measured by Helium Pycnometer or Hg Pycnometer, since these techniques are the most precise for determining true density [61]. Additionally, sample size and test temperature are important variables to consider during characterization, typically requiring single-layer samples and room temperature conditions, respectively. Table 2 summarizes the mechanical, physical, and electrical properties of 2D materials under review.

### 2.3. Methods for thermal conductivity measurements

There are several methods available to measure thermal conductivity, including steady-state methods such as guarded hot plate [70] and heat flowmeter [71], as well as transient methods such as Transient Plane Source (TPS) [72,73], transient hot wire [74,75], Laser Flash Apparatus (LFA) [76,77], Temperature Modulated Differential Scanning Calorimetry (TM-DSC) [78,79], and  $3\omega$  method [80,81]. These techniques, widely used and commercialized for the measurement of thermal conductivity of various materials, will be briefly described.

#### 2.3.1. Steady-state measurements

In steady-state measurements, the measurement of temperature

**Table 2**  
Mechanical, physical and electrical properties of the 2D materials under review.

Material type	Property	Parameter	Value	Fabrication Method	Sample Size	REF		
Graphene	Mechanical	Young Modulus (GPa)	1000	Mechanical exfoliated	1 layer	[51,62]		
			1000 ± 100	Mechanical exfoliated	1 layer	[51]		
			930 ± 48	Mechanical exfoliated	23-43 layer	[51]		
			1000 ± 31	Mechanical exfoliated	4 layers	[51]		
			2400 ± 400/2000 ± 500	Mechanical exfoliated	1-5 layer	[51]		
			800	Mechanical exfoliated	1 layer	[51]		
			1550	Mechanical exfoliated	2 layers	[51]		
			250 ± 150	Mechanical exfoliated	3-14 layer	[51]		
			157	Mechanical exfoliated	1 layer	[51]		
			1000	Mechanical exfoliated	1 layer	[51]		
			800	Mechanical exfoliated + Ar plasma	1 layer	[51]		
					1 layer	[51]		
				Strength (GPa)	130	Gr/Cu composite	1 layer	[63]
					131	Gr/Cu composite	–	[64]
					232	–	5 mm	[48]
					249	–	5 mm	[48]
					260	–	5 mm	[48]
					239	SLG	–	[65]
					663	SLG	5.59 μm	[66]
				Hardness (HV)	49.2 ± 2.5	SLG	5 mm	[48]
					50.7 ± 1.2	Molecular level mixing + SPS	5 mm	[48]
					52.2 ± 1.9	0.1 wt% Al/G composite	5 mm	[48]
					52–67	0.2 wt% Al/G composite	–	[49]
					47–71	0.3 wt% Al/G composite	–	[49]
					226.8 (HV0.1)	–	–	[67]
					145.7 (HV0.1)	–	–	[67]
					188.5 (HV0.1)	–	–	[67]
					74.6 (HV0.1)	–	–	[65]
		–	–	–	–			
		–	–	–	–			
	Physical	Density (g cm <sup>-3</sup> )	2.2	FLG based composites	1 layer	[63]		
			2.27	Cu(111)/Gr heterosystem	1 layer	[21]		
	Electrical	Electrical conductivity (S/m)	1400–2100	GO reduced	–	[51]		
			2.9 × 10 <sup>7</sup>	CVD growth	–	[68]		
			40000–44000	CVD growth	–	[69]		
			35000–40000	CVD growth	–	[69]		
MoS <sub>2</sub>	Mechanical	Young Modulus (GPa)	280	Mechanical exfoliated	1 layer	[51,62]		
			270	Mechanical exfoliated	1 layer	[52]		
			270 ± 100	Mechanical exfoliated	2 layer	[51]		
			200 ± 60	Mechanical exfoliated	5-25 layer	[51]		
			300 ± 10	Mechanical exfoliated	5-25 layer	[51]		
			330 ± 70	CVD growth	1 layer	[51]		
			260 ± 18	CVD growth	2 layer	[51]		
			231 ± 10	CVD growth	–	[51]		
			290	MoS <sub>2x</sub> Te <sub>2(1-x)</sub>	–	[62]		
			170 (Pa)	CVD growth	–	[62]		
			23	CVD growth	1 layer	[62]		
			180–183	Circular monolayer	1 layer	[62]		
			0.334	–	–	[62]		
			0.6	–	–	[11]		
h-BN	Mechanical	Young Modulus (GPa)	1.16	CVD	15 nm	[62]		
			711	CVD growth	1 layer	[21]		
			865	CVD growth	1 layer	[51,62]		
			856	CVD growth	9 layers	[62]		
			279 ± 20	CVD growth	2 layers	[51]		
			269 ± 13	CVD growth	4 layers	[51]		
			252 ± 15	CVD growth	5 layers	[51]		
			2.1	–	1 layer	21]		
BP	Physical	Density (g cm <sup>-3</sup> )	2.1	–	1 layer	21]		
	Mechanical	Young Modulus (GPa)	27 ± 4 (armchair)	Mechanical exfoliated	17-35 layers	[51]		
			59 ± 12 (zigzag)	Mechanical exfoliated	17-35 layers	[51]		

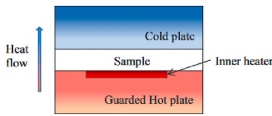
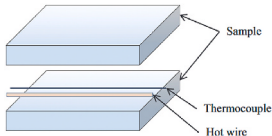
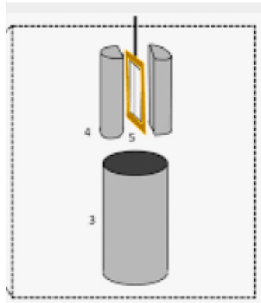

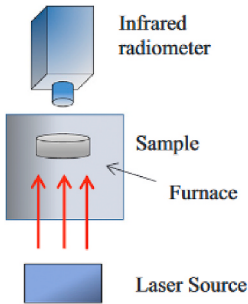
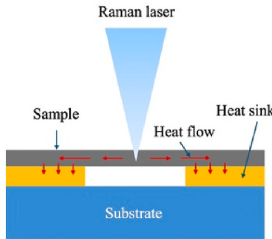
difference ( $\Delta T$ ) under steady-state heat flow conditions through the sample thickness determines the thermal conductivity and the interfacial thermal conductance [71]. Thermal conductivity can be determined by calculating the slope of the power per thermal gradient between both sample surfaces. The steady-state methods are based on Fourier's law to directly measure the thermal conductivity [82]. These methods are in particular useful for materials that have relatively low thermal conductivity and for composite materials. Furthermore, steady-state methods require relatively large sample sizes, and their testing takes longer compared to transient methods. In addition, these measurements

have drawbacks such as systematic heat losses and losses by contact resistance from the usage of temperature sensors, which are difficult to avoid and accurately quantify. However, steady-state measurements can effectively assess anisotropic thermal conductivity and layered composite materials by measuring one-directional heat flow over a large area.

### 2.3.2. Transient-state measurements

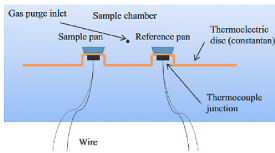
In transient-state measurements, thermal conductivity is determined by the temperature change of the specimen over time in response to an

**Table 3**  
Methods to measure the thermal conductivity: scheme, general information, limitations and 2D materials usage.

Method	Scheme of set-up	General information	Limitations	Usage in 2D materials	Reference
Guarded hot plate		The measurement involves placing a solid sample between two parallel plates at a controlled temperature. The hot plate is heated by a heater that creates the desired temperature gradient. This heat is transferred from the hot surface to the cold plate. To prevent heat losses and to achieve uniaxial heat transfer, the system uses a guarded heater and is thermally insulated.	Once the system reaches a steady-state temperature, Fourier's equation is used to calculate the thermal conductivity. To obtain accurate measurements, it is crucial to determine the contact resistances between the sample and the two plates.	Contact resistance needs to be considered. The sample size should be relatively large (the exact size of sample is adaptable)	[70,72]
Heat flow meter		The heat flow meter apparatus is similar to guarded hot plate systems. It differs in the usage of transducers to measure the heat flux density through the sample and follows ASTM E153 for evaluating materials' resistance to thermal transmission.	The temperature range mentioned is quite wide, varying from $-20$ to $100$ °C. However, for 2D materials, the required sample size is relatively large (a diameter between 25.4 mm and 100 mm).	The required sample size is too large to be applied to 2D materials.	[71]
Hot wire		Hot wire is an intrusive technique that can measure the thermal conductivity of non-electrically conductive materials. The wire serves not only as a heater, but also as a temperature sensor. During the process, radial heat flows from the wire to the sample, and the temperature rise slope is proportional to the time elapsed.	The equipment can handle temperatures up to about $150$ – $200$ °C, and thermal conductivities ranging from $0.001$ W/m K to $20$ W/m K. Compared to steady-state methods, the required sample size is much smaller, with a minimum thickness of just $0.3$ mm.	Sample size can be adjusted for 2D materials but the materials need to be non-electrically conductive.	[74,75]
Transient Plane Source (TPS)		TPS can be used to measure the thermal conductivity of samples in solid, liquid, and powder forms. It involves using a set of concentric rings, typically made of nickel, as a planar heater, which is then reinforced by insulating gaps. The TPS method can also be modified for bulk thermal conductivity testing to eliminate thermal contact resistance.	This technique allows for a temperature range from $-35$ °C to about $750$ – $1000$ °C and can measure thermal conductivities ranging from $0.001$ to $1800$ W/m K. The sample must cover the flat sensor and must have a minimum thickness of $0.01$ mm (for thin films) to $3$ mm (for bulk samples) depending on the actual thermal conductivity.	It is the most versatile technique to measure thermal conductivity and is the best method for 2D material. TPS requires a much smaller sample size compared to the other techniques.	[73]
Laser Flash Apparatus (LFA)		The LFA technique is a highly effective and versatile method used for measuring thermal properties. It is the most accurate technique to determine the thermal diffusivity of conductive solid materials. The LFA method uses non-contact, non-destructive temperature sensing to achieve precise results.	The temperature ranges up to $1200$ °C, which is higher than all the other techniques.	The sample size is appropriate to measure 2D materials and it is possible to measure at high temperatures (up to $1200$ °C)	[76,77]
Optothermal Raman method		Raman-based method provides non-destructive and direct thermal characterization with high-spatial resolution. Thermal conductivity of nano-sized thin-films or 2D materials can be measured based on the temperature-sensitive Raman peak shifts (e.g., the G or 2D band of graphene).	Accurate calibration between the Raman shift and the temperature rise in a sample is required but challenging due to non-uniform heating at the laser spot and the difficulty in accurate temperature control. Careful consideration of strain, defects, and the effects of heat dissipation in the sample is necessary.	Suitable for the characterization of various 2D materials (e.g., graphene, h-BN, MoS <sub>2</sub> , etc.). Generally useful for nano-scale measurements.	[83,84]

(continued on next page)

Table 3 (continued)

Method	Scheme of set-up	General information	Limitations	Usage in 2D materials	Reference
TM-DSC		<p>TM-DSC is a variation of the traditional DSC technique. It is used to measure insulating materials like ceramics, glasses, and polymers. The TM-DSC process uses a heating temperature program that combines a linear heating rate with a sinusoidal temperature control. This results in an average constant heating rate.</p>	<p>TM-DSC can be applied in solid bulk samples at temperatures from <math>-125</math> to <math>700</math> °C (depending on the DSC instrument used). However, to have accurate results the sample needs to be in contact with the sensor, which could cause equipment damage or contamination.</p>	<p>The sample size is the same as the DSC crucible dimensions: The typical size of a DSC crucible; is 6 mm in diameter and a height of 4.5 mm. This is a proper size to measure 2D materials.</p>	[78,79]

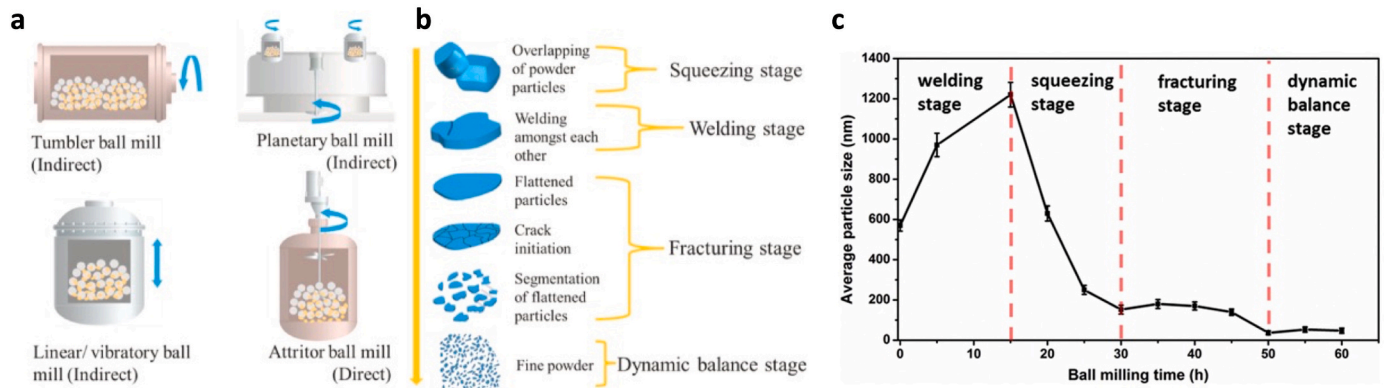


Fig. 2. (a) Schematic diagram illustrating ball milling processes including three indirect and one direct ball milling method, with the key components labelled [86, 87], (b) mechanism of powder particle size evolution and reduction in ball milling process, (c) correlation between milling duration and mean diameter of particles during the planetary ball milling process [98,99].

applied heat pulse (e.g., a pulsed laser or an electrical heater). Among them, the TPS method measures the thermal conductivity of materials ranging from 0.001 to 1800 (W/m K), making it widely used [72,73]. Following TPS are the LFA and transient hot wire/hot strip methods. Those methods are able to measure conductivity values between 0.1 and 1000 (W/m K) [76,77], and 0.005 to 500 (W/m K) [74,75], respectively. Regarding the temperature testing range, LFA and TPS range from 120 to 2800 °C and 35 to 1000 °C.

### 2.3.3. Optothermal Raman method

The Optothermal Raman method is in a category of steady-state measurements, but employs the Raman spectrum as a thermometer to measure the local temperature rise in (nano)materials (e.g., 2D materials or thin films) [83]. The sample is locally heated by the Raman laser, and the temperature rise is extracted from the Raman peak shift, which occurs due to the temperature response of phonons. Thermal conductivity is calculated based on a model incorporating the absorbed laser power ( $P$ ), temperature rise ( $\Delta T$ ), and the radius of the laser-heated spot. Reported thermal conductivity values range from approximately 1 to 5000 (W/mK) for thin films or 2D materials [83–85]. However, precise calibration between the Raman peak shift and the temperature rise is essential to ensure accurate conductivity measurements (see Table 3).

Table 3 summarizes the most renowned methods to measure thermal conductivity and their limitations when applied to 2D materials.

In the following sections, 2D materials with the greatest potential for practical heat transfer applications will mainly be discussed. The properties reviewed in this section suggest that graphene and h-BN are the most promising candidates to produce 2DMMCs, due to their excellent thermal and mechanical properties. Therefore, the focus will be on graphene and h-BN.

## 3. Preparation of 2D materials and 2DMMC feedstock powders

### 3.1. Preparation of 2D materials

#### 3.1.1. Ball milling

As powder preparation and mixing technology has continuously developed over the past half-century, the versatile BM method has received widespread attention due to its simple operation, environmental friendliness, cost-effectiveness, and time-saving features [86–89]. BM offers controlled and decreased particle size, enhanced nanoparticle dispersion, and functionalization for improved product properties [90–93]. Also, BM enables the manufacturing of diverse materials, including polymers, cellulose, catalysts, and 2D (nano)materials [87,94–96].

Previous research classified BM into two principal categories: direct and indirect milling, based on the kinetic energy path—either directly to the grounded powders by mechanical shafts and rollers, or indirectly through the device body [86,88,97]. Typical examples of direct milling involve the attritor mill, pan mill, and roll mill, while indirect milling covers the tumbler mill, vibratory mill, and planetary mill [88], see Fig. 2a. The attritor ball mill is commonly mentioned in direct BM methods due to its reliance on impact and shearing forces for material processing [88]. On the other hand, in the indirect BM method, a vessel is partially filled with the powders and the jars are vibrating or rotating axially or radially [88,97]. During milling, high strain rate loads produced by collisions between particles, milling mediums, and the container walls are indirectly transferred to the powder particles [86].

Fig. 2b illustrates four typical stages in the particle refinement process during BM [86,98,99]. First, two independent approaching particles are gradually overlapped due to particle collisions generated by the localized compressive stresses (squeezing stage) [90,99]. Then, they merge under the effects of impact force (welding stage), and the merged particle undergoes flattening and breaks apart (fracturing stage) by

**Table 4**  
Process parameters of Ball Milling (BM) techniques for 2D material production.

Key Parameters	Common Examples	Supporting References
Ball mill design	Direct milling (attritor mill, pan mill, roll mill) and Indirect milling (tumbler ball mill, vibratory (or shaker) mill, planetary ball mill)	[90,97,102]
Mechanisms	Mechanical forces, including primary shear and secondary impact, that can overcome Van der Waals (vdW) interactions between interlayers	[97,103,104]
Type of the jars/balls	Stainless steels, zirconia, agate, tungsten, alumina and silicon nitride	[89,97,100,102]
Size of precursor	Depending on the starting material	[87,105,106]
Grinding atmosphere	N <sub>2</sub> , CO <sub>2</sub> , Ar	[93,97,101,107]
Liquid process control agents (for wet ball milling)	Water, ethanol, toluene, 1-butanol, hexanoyl chloride	[88,93,94,97]
Milling speed	Customized parameters (determine high or low energy ball milling based on actual energy inputs)	[89,93,97,101,108,109]
Milling time		[93,97,110,112]
Milling temperature		[90]
Charge ratio (Ratio of the mass of balls to powder)		[93,97,102,108,110,112]
Size of balls		[97,109]

further impact and shear forces until it reaches the dynamic balance stage (see Fig. 2b–c) [99]. Fig. 2c complements the BM processes by showing the size variation in each stage [98,99].

Table 4 lists the major variables influencing the BM process including mechanisms of BM [87,88,97]. Numerous parameters tend to interact synergistically with each other, affecting the quality of the final powders, such as crystallinity, particle size, surface activity, and the density of defects [87–89,97,100,101]. Therefore, optimizing suitable BM parameters on the product quality is indispensable. Furthermore, Table 5 provides common strategies that are employed for the optimization of the BM process. Although BM serves as a promising technique for 2D material production, it has both advantages and limitations. Therefore, many efforts have been made to improve BM techniques (see Table 6).

### 3.1.2. Preparation of 2D materials by ball milling

**3.1.2.1. Graphene.** Prior research has delineated various methods for synthesizing graphene and other carbon-based materials [124–126], and these approaches are categorized into either top-down or bottom-up strategies in Fig. 3 [94,127]. Prominent techniques for the synthesis or exfoliation of graphene include CVD [128,129], mechanical exfoliation of graphite [130,131], electrochemical liquid-phase exfoliation [94,132,133], conversion of nanodiamond [134], methods of aqueous exfoliation [130], thermal decomposition of silicon carbide [135], and the reduction of graphitic oxide [136].

Among them, high-energy BM serves as a flexible mechanical exfoliation technique for producing various 2D materials. Especially for costly, but high thermally and electrically conductive graphene, BM offers comparatively less expensive production. BM possesses the potential to peel off the planar carbon nanolayers from the bulk graphite by shearing and collision forces [94,99,130]. During the exfoliation, the kinetic energy applied from the impact and shear forces causes the C-C bonds to cleave and strip away to overcome the weak Van Der Waals (vdW) interactions between layers (Fig. 4) [93,94,103,114,122,131]. Tweaking the parameters in Tables 4 and 5 allows to control the quality and yield of produced graphene. In particular, the use of specific solvents in wet BM or gas atmosphere in dry milling can either modify the surface properties by improving functional groups, or aid in preventing

**Table 5**  
Strategies for the ball milling (BM) process optimization.

Optimization Strategy	Descriptions	Optimization goals	Supporting References
Milling Type Selection & Process Scaling	Select the appropriate milling techniques, either planetary milling or the rotatory milling to increase milling efficiency and reduce processing time	<ul style="list-style-type: none"> <li>Planetary BM applies higher shear and impact forces, but relatively smaller flake sizes are obtained. Also, the overall process time is shorter</li> <li>Rotatory BM is suitable for large-scale productions such as kg-scale BM, but slower processing times and difficulty in particle size control are its main drawbacks</li> </ul>	[88,89,101,105,110,120]
Starting materials selection & pre-treatment	Apply appropriate pre-treatment methods, such as chemical surface modification or mechanical activation to improve material compatibility or enhance interfacial bonding	<ul style="list-style-type: none"> <li>Chemical treatments will assist surface functionalization with improved bonding strength, while mechanical activation improves dispersion and reduces aggregation during milling</li> </ul>	[87,88,93,96,108,111]
Milling gas environment	Modify the milling atmosphere, such as inert gases (e.g., Ar, N <sub>2</sub> ) to prevent oxidation or reactive gases for functionalization	<ul style="list-style-type: none"> <li>Inert gases help maintain the purity of the starting material and prevent oxidation-related degradation, while reactive gases can promote functionalization to enhance particle dispersion and interfacial bonding</li> </ul>	[97,107,108,121]
Milling agents	Select wet or dry milling, introducing process control agents (PCAs) like ethanol, toluene, or polymer surfactants to minimize agglomeration	<ul style="list-style-type: none"> <li>Wet milling with PCAs improves material flowability and reduces particle agglomeration. It improves the dispersion and prevents particle welding of 2D materials in the metal matrices. It is known as a milder milling condition compared with dry milling without PCAs</li> </ul>	[88,94,97,105,108,122]
Parameter control	Milling time: this is a critical factor that decides the exfoliation and fragmentation of 2D materials  Milling speed: this is another critical factor that	<ul style="list-style-type: none"> <li>Short milling time results in incomplete exfoliation and larger particle sizes (e.g., less than 2h)</li> <li>Optimal milling time produces efficient exfoliation and well-dispersed few-layer sheets</li> <li>Excessive milling time causes unwanted oxidation and structural defects in 2D layers</li> <li>Low milling speed results in incomplete and weak exfoliation</li> </ul>	[97,105,109,123]

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Table 5 (continued)

Optimization Strategy	Descriptions	Optimization goals	Supporting References
	determines the impact energy and shear force exerted on the materials	with poor milling efficiency	
	Ball-to-powder ratio: Adjusting the mass ratio of the grinding ball to the material is crucial for optimizing 2D material dispersion and minimizing agglomeration	<ul style="list-style-type: none"> <li>Optimal milling speed leads to balanced exfoliation with proper size control</li> <li>Excessive milling time causes large defect densities, oxidation, and amorphization, and smaller lateral sizes</li> <li>A low ball-to-powder ratio leads to poor yield and weak exfoliation efficiency</li> <li>Optimal ball-to-powder ratio results in a high yield of 2D layers with better size control and uniformity</li> <li>A high ball-to-powder ratio causes more fragmentation, resulting in smaller 2D layers, excessive defects, and, low yields</li> </ul>	

Table 6

Advantages, limitations, and potential improvements of BM in 2D material production.

Advantages	<ol style="list-style-type: none"> <li>1. Large-scale synthesis of 2D materials with high yields</li> <li>2. Functionalization of 2D materials via the addition of solvents, gas, and doping agents</li> </ol>	[103, 113–115]
Limitations	<ol style="list-style-type: none"> <li>1. High defect densities in 2D layers, accompanied by fragmentation</li> <li>2. Difficult in controlling the flake sizes due to the wide particle size distribution</li> </ol>	[103,116, 117]
Potential improvements	<ol style="list-style-type: none"> <li>1. Careful optimization of each BM parameter assisted by machine learning-based simulations</li> <li>2. Selection of appropriate liquid milling agents that can improve the quality of 2D materials</li> <li>3. Post-processing steps such as sonication, centrifugation, and filtration can improve purity and size distribution</li> </ol>	[117–119]

the reaggregation of exfoliated graphene sheets [94,106,107,127]. For example, extending the milling time and elevating CO<sub>2</sub> pressure significantly reduces the carbon content by increasing the degree of C-functionalization [94]. Fig. 5 shows that the trend in particle size variation mirrors that observed in Fig. 2b [94]. Interestingly, carboxylation of graphene under high CO<sub>2</sub> pressure improves the exfoliation efficiency, as the complete saturation of dangling bonds helps enhance the mechanochemistry of BM. However, under identical milling conditions of 12 h and 250 rpm, particles that were produced in an Ar atmosphere presented a large cluster of carbon nanoparticles compared to those synthesized in a CO<sub>2</sub> atmosphere, due to the vigorously reactive carbon nanoparticles [94]. Accordingly, reactive carbon nanoparticles form oxides or hydroxides when exposed to air, leading to severe particle agglomeration. Del Rio-Castillo et al. successfully produced high-quality single layer graphene by adding an exfoliating agent (melamine) and proved the feasibility of utilizing Hansen solubility parameters for the

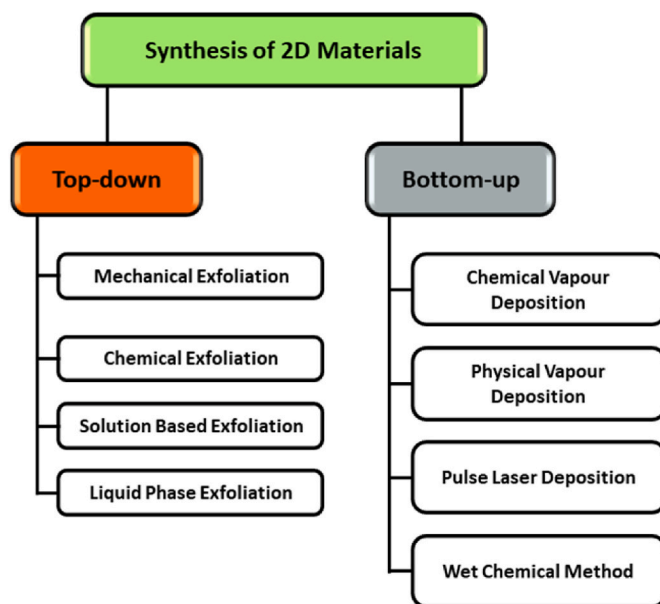


Fig. 3. Flowchart outlining the synthesis techniques for 2D materials, including the top-down and bottom-up routes [137].

selective suspension of exfoliated graphene from the carbon fibres (Fig. 6) [106].

3.1.2.2. *Hexagonal boron nitride (h-BN)*. In addition to graphene, BM can also produce other 2D materials, such as h-BN. Similar to graphite, bulk h-BN also exhibits a layered structure stacked by vdW forces. h-BN exhibits higher mechanical strength and chemical stability between the basal planes due to the large difference in electronegativity between boron (2.04) and nitrogen (3.04) atoms [138]. The exfoliation efficiency of h-BN during BM is significantly influenced by its lattice structure and interlayer bonding [120,121]. For instance, h-BN requires exfoliation of 0.068 eV/atom, while graphene requires that of 0.067 eV/atom, suggesting a similar exfoliation efficiency [139]. In other words, when adjusting the BM parameters of h-BN, it is necessary to consider the minimum kinetic energy required for an efficient cleavage (see Fig. 7). Furthermore, high-energy BM with extended milling duration can introduce further crystal defects and non-equilibrium phases [114,140, 141].

As a result, wet BM comes into sight as a milder method compared to dry BM. After introducing NaOH, Lee et al. verified the production scalability for hydroxyl-functionalized BN nanoplatelets (OH-BNNPs) by combining mechanical exfoliation with chemical peeling [145]. Huang et al. explored the exfoliation of h-BN into BNNS with a wet BM method in hydroxyethyl cellulose solution as shown in Fig. 8 [95]. The viscous solution acts as an intercalator and a protective agent during the milling process, which effectively prevents reaggregation and enhances dispersion [95]. After the observed optimal milling time of around 10 h, Deepika et al. concluded smaller balls (0.1–0.2 mm in diameter) and higher speeds (800 rpm) in wet BM provide more effective exfoliation while maintaining uniformity. They further demonstrated an efficient reduction in sizes due to the enhanced interactions between smaller balls and materials, driven by sufficient impact energy and shear forces at higher speed (see Fig. 9) [146]. In other words, the optimization of milling time, rpm, and ball sizes are critical parameters influencing the overall BM efficiency and quality both in dry and wet BM.

### 3.1.3. Liquid phase exfoliation

Since the successful LPE of graphite, LPE has become a cornerstone method for the scalable and versatile preparation of 2D materials [20, 147], expanding their application range from materials science to

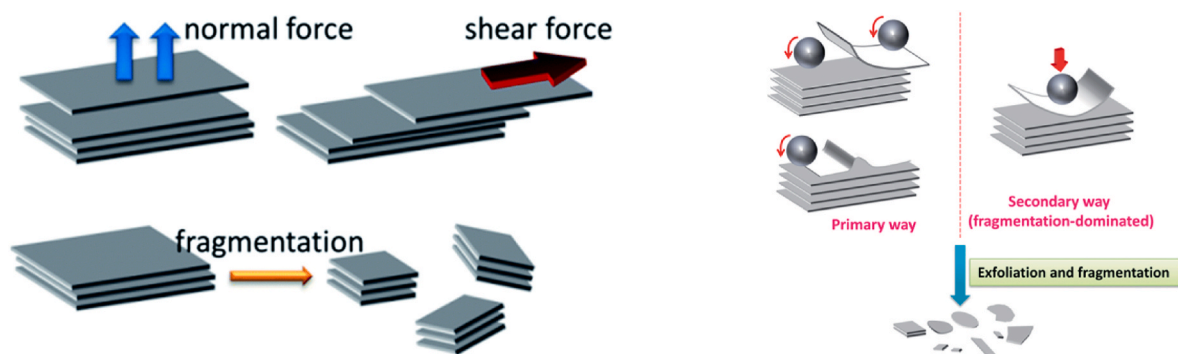


Fig. 4. Two kinds of mechanical routes for exfoliating graphite into graphene flakes and comparison alongside an auxiliary fragmentation process [103].

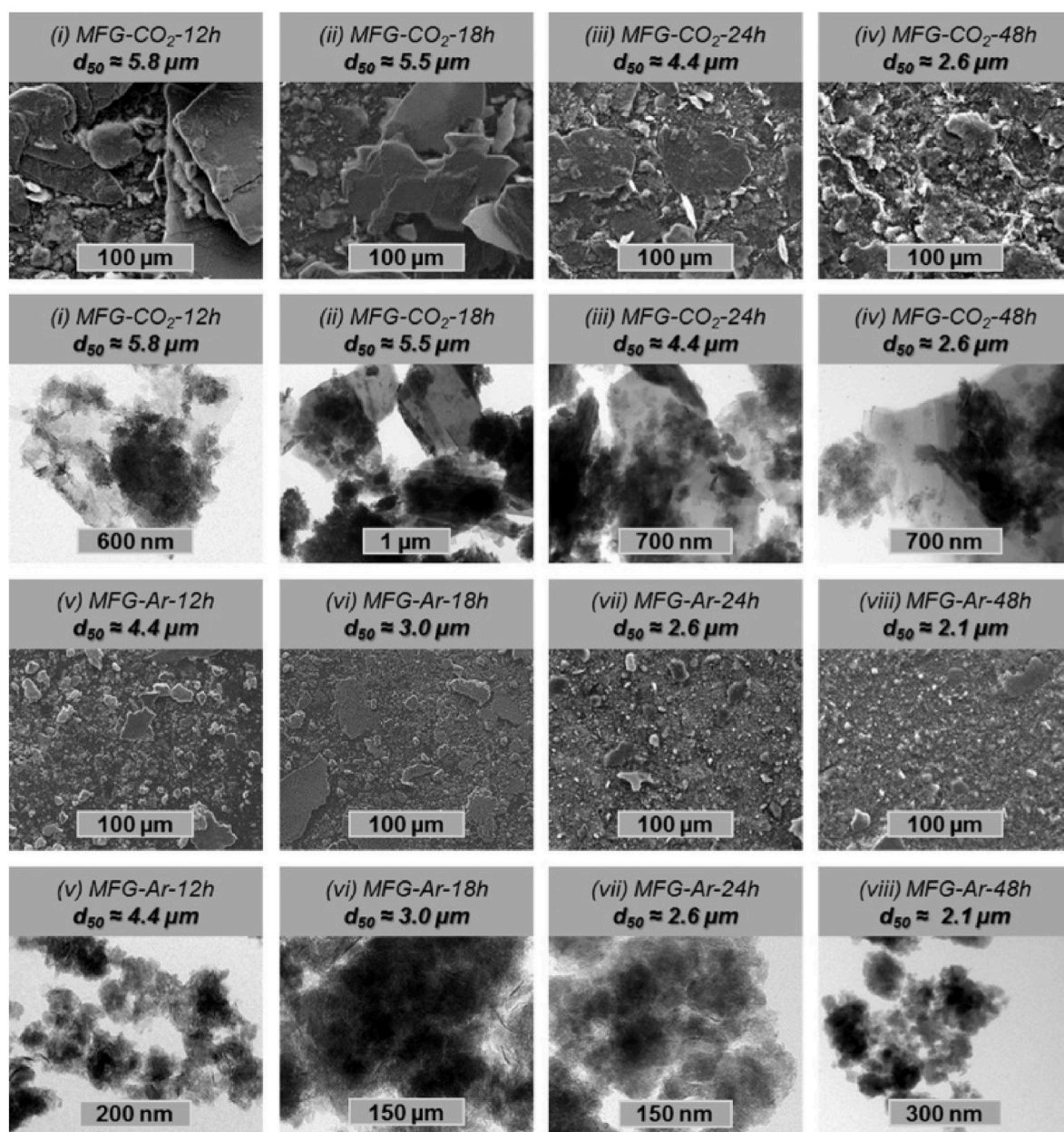
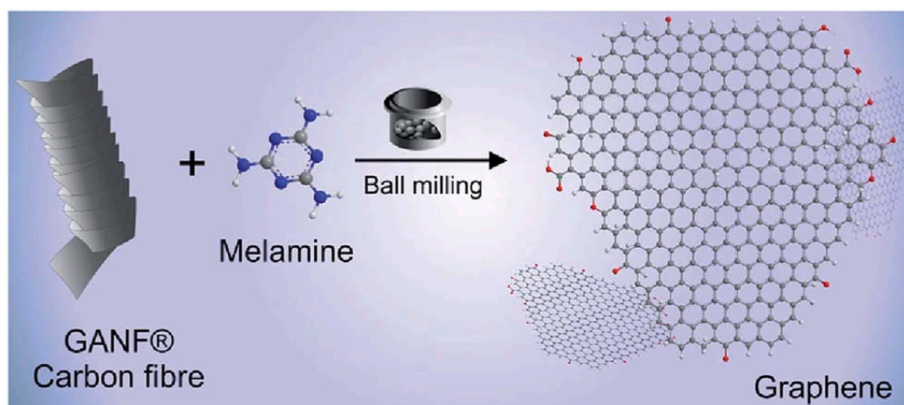
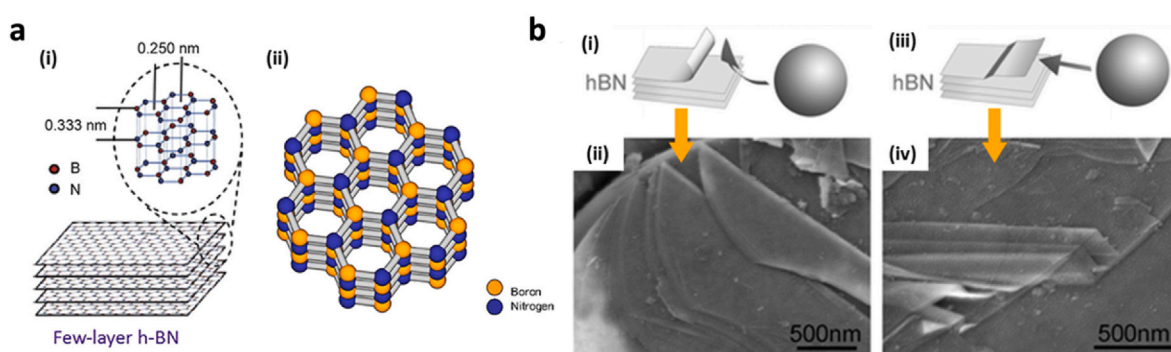


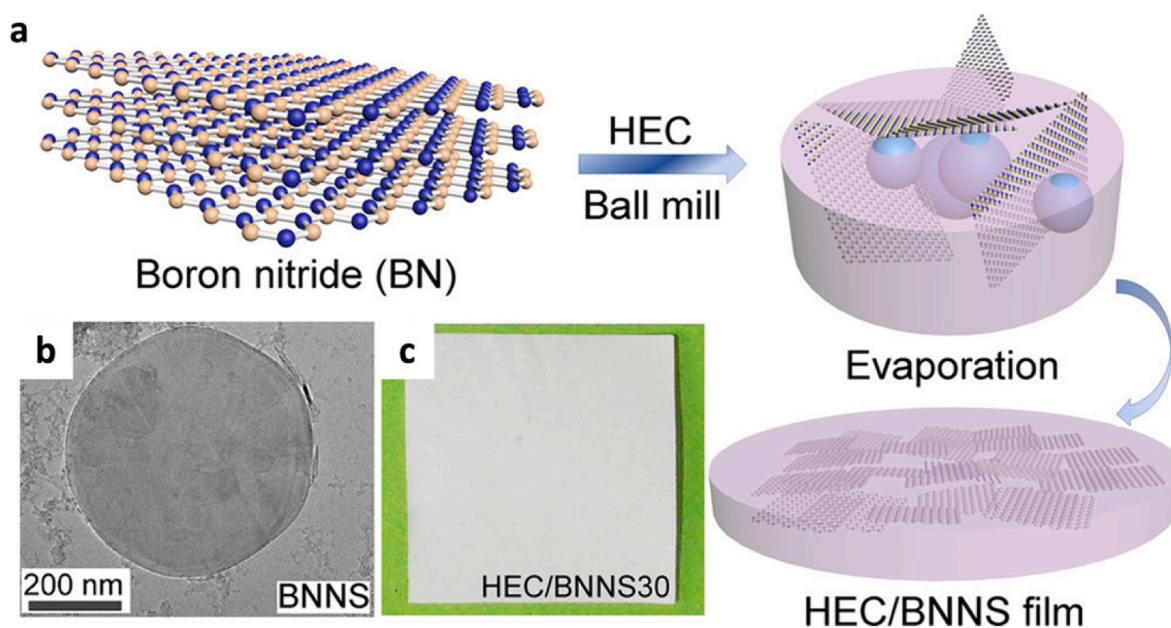
Fig. 5. The Impact of ball-milling time on the morphological characteristics of Mechanochemically Functionalized Graphene (MFG)-CO<sub>2</sub> (first and second row) and MFG-Ar (third and fourth row), as observed through Scanning Electron Microscopy (SEM) (first and third row) and Transmission Electron Microscopy (TEM) (second and fourth row) analysis [94].



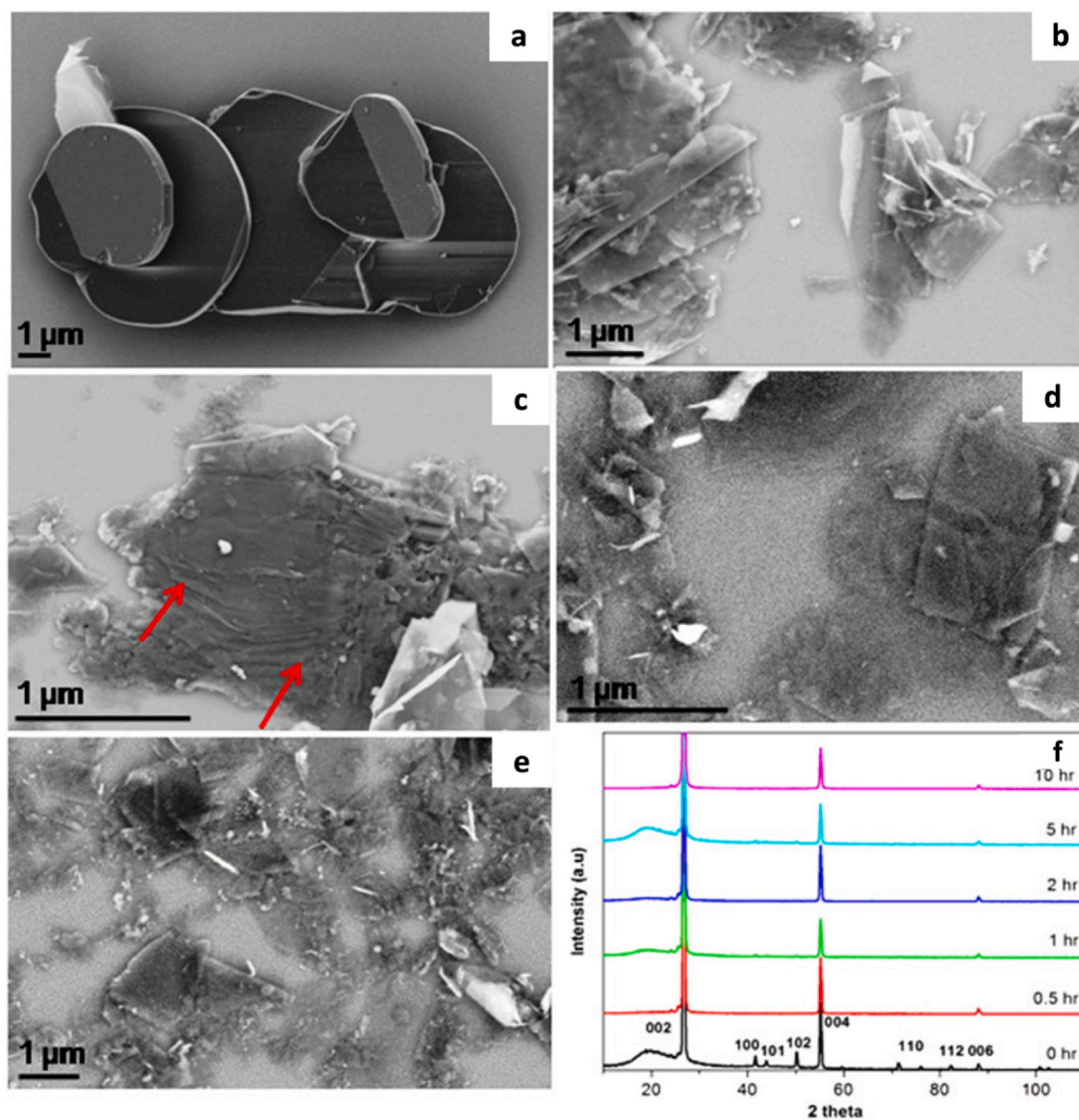
**Fig. 6.** Schematic of the wet ball milling process implemented for graphene monolayer exfoliation applying melamine as an intercalating agent to separate graphite layers [106].



**Fig. 7.** (a) Characterization of few-layer h-BN nanosheets: (i) depicts the structural composition of the few-layer h-BN nanosheets exhibiting their ultra-thin morphology; (ii) presents the lattice structure of the few-layer h-BN, featuring AAA stacking configuration in which boron and nitrogen atoms are alternately positioned in successive layers, highlighting the precise atomic arrangement within these nanosheets [142,143]. (b) Illustrates the two intermediate stages of cleavage during wet BM: (i and ii) Sketch and SEM image represent the nanosheets peeling off from the edge of an h-BN particle, (iii and iv) The sketch and SEM image represent the nanosheets peeling off from the top surface of an h-BN particle [140,144].



**Fig. 8.** (a) Schematic demonstration for the fabrication of Boron Nitride NanoSheets (BNNS) and hydroxyethyl cellulose/BNNS composites with ball milling process. (b) TEM of the boron BNNS. (c) Optical images of the hydroxyethyl cellulose/BNNS30 film (30 wt% BNNS+5 wt% hydroxyethyl cellulose) [95].



**Fig. 9.** SEM images of the (a) starting h-BN particles (PT110, Momentive), (b, c) partially exfoliated h-BN particles after 2 h milling, (d) more exfoliated particles after 5 h milling, (e) completely exfoliated particles after 10 h milling, and (f) normalized XRD spectra throughout various stages of ball milling; the initial h-BN particles and the sheets were ball milled for different duration without centrifugation [146].

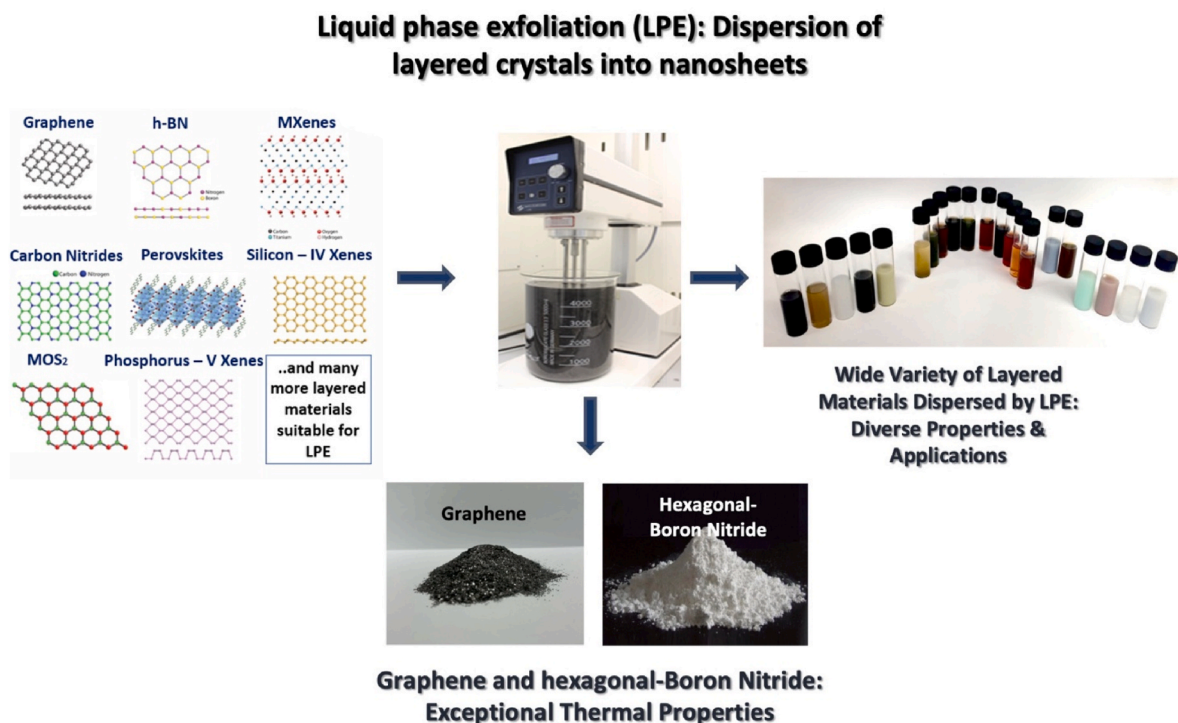
biomedical and energy field. This technique can be applied to a wide variety of layered materials, primarily for vdW crystals, such as graphite, h-BN, and TMDs (Fig. 10). LPE technique offers the strong possibility that can harness the properties of 2D materials providing the controllability over the thickness and size of exfoliated layers with high quality. These characteristics of LPE can enable the realization of the exceptional thermal conductivity of e.g., graphene up to 5000 W/mK exceeding the conductivity of its bulk counterpart. In addition, LPE enhances the processability of 2D materials with the dispersion in a solvent (2D ink), making the production of solution-processed 2D materials possible [148–150].

In general, LPE techniques for the exfoliation of layered materials to 2D nanosheets involve i) ion intercalation, ii) ion exchange and iii) sonication/shearing assisted exfoliation, peeling thin layers from the bulk crystals (Fig. 11) [152]. Intercalation is the insertion of ions, typically lithium ions, into graphite crystals to facilitate the removal of graphene layers. However, ion intercalation can significantly affect the performance of 2D materials. Extensive research has explored the use of

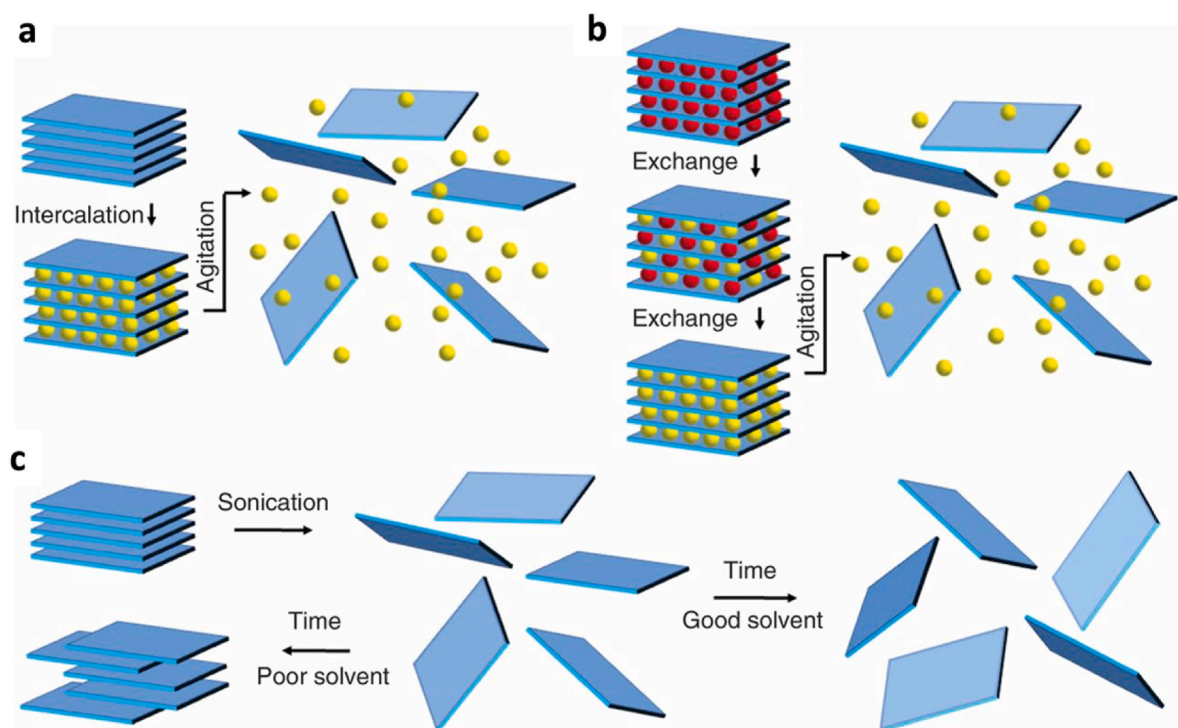
various ions, including alkali metals, magnesium, zinc, and ammonium ions for intercalation. Among these, lithium-ion intercalation appears to be the most effective, despite notable challenges such as the flammability associated with lithium-ion sources, posing safety hazards [124].

The sonication assisted exfoliation process involves three critical steps: a) dispersing the crystals in a solvent (such as organic solvents like N-Methyl-2-pyrrolidone; NMP or Dimethylformamide; DMF, solvent blends like water/ethanol, or hydrophilic polymers with preferred solvents), b) applying ultrasound or shearing with precise control, and c) separating the final product through centrifugation to remove residuals. During sonication assisted LPE, factors such as the type and number of dispersants or surfactants, as well as the centrifugation speed and duration, play pivotal roles in determining the quality of final products. Among three LPE methods, we further discuss the iii) ultrasonication process for 2D material productions due to its scalability and effective exfoliation.

The ultrasonication process is based on the preparation of cavitation bubbles from the ultrasonic waves. Here, cavitation indicates the rapid



**Fig. 10.** A wide variety of 2D materials that can be prepared by liquid phase exfoliation. Layered materials bonded by van der Waals (vdW) interactions can be exfoliated using this method, including graphene and h-BN powders [151].



**Fig. 11.** The main liquid exfoliation mechanisms. a) ion intercalation, where ions inserted between layers swell the crystal and, agitation (shear, ultrasonication, thermal etc) separates them into an exfoliated dispersion; b) ion exchange, where compounds change the surface charge and these ions are exchanged by larger ones, leading to exfoliation through agitation; c) sonication assisted exfoliation, where sonication in a solvent results in an exfoliation and nanosheet formation – the good solvents with appropriate surface energy provide efficient exfoliations, while the bad solvents cause reaggregation and sedimentation [124].

expansion and collision of micro-sized bubbles or voids due to pressure fluctuations, which will exfoliate the bulk crystals [153,154]. Ultrasonication can take place either using ultrasonic probe or ultrasonic

bath, or a combination. These techniques use ultrasonic waves, but significant differences exist in their structure, operational mechanism, and efficiency as illustrated in Fig. 12.

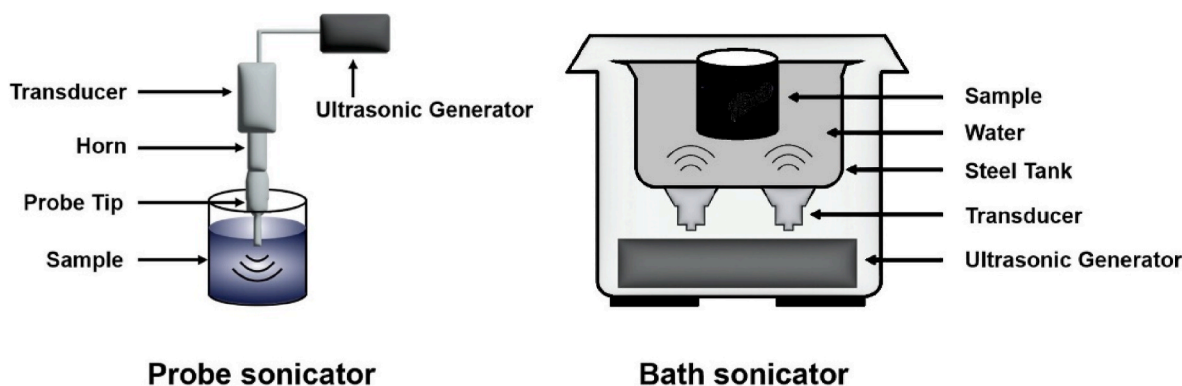


Fig. 12. Probe and bath sonicator as the two main tools for the sonication/shearing liquid exfoliation [155].

Table 7

Sonication/shearing-assisted LPE: Mechanisms, advantages, disadvantages, and parameter optimizations [20,103,155–160].

Mechanisms	Advantages	Disadvantages	Parameter optimizations	Potential improvements
<ul style="list-style-type: none"> <li>• Sonication-induced cavitation and shearing are the dominant mechanisms</li> <li>• Careful selection of liquid is required to match the intermolecular interactions between 2D materials and solvents by adjusting the surface energy</li> </ul>	<ul style="list-style-type: none"> <li>• Low-cost production of high-quality 2D materials (e.g., a high fraction of monolayer up to 28%)</li> <li>• Solution-based processing offers advantages for specific applications (e.g., 2D inks for electronics or energy storage systems)</li> <li>• Better controllability over the size and thickness of 2D materials compared to BM</li> </ul>	<ul style="list-style-type: none"> <li>• The low scalability of 2D materials is the main drawback (e.g., Graphene concentration of 0.1–1 mg/mL)</li> <li>• Complex processes require centrifugation and surfactant removal as post-processing</li> <li>• Reaggregation and low reproducibility due to a limited number of controllable parameters (e.g., power, frequency, and duration)</li> <li>• Potential environmental risks related to the water contamination by using organic solvents, surfactants, and polymer stabilizers</li> </ul>	<p>Power:</p> <ul style="list-style-type: none"> <li>• 60% of the total power (100–300W) for the probe sonicator</li> <li>• Power-to-tank capacity of 10–20 W/L for bath sonicator</li> </ul> <p>Frequency:</p> <ul style="list-style-type: none"> <li>• High frequency (e.g., &gt;80 kHz) produces smaller cavitation bubbles and results in high quality 2D materials with large lateral sizes</li> <li>• Low frequency (e.g., &lt;20 kHz) generates larger cavitation bubbles, providing higher exfoliation efficiency</li> </ul> <p>Duration:</p> <ul style="list-style-type: none"> <li>• Typically 5–7 h for probe sonication</li> <li>• 10–20 h for bath sonicator</li> <li>• Longer sonication results in higher yield (e.g., graphene concentration of 10 mg/mL by 100 h of sonication) but accompanies structural damages in 2D layers</li> </ul> <p>Starting concentration:</p> <ul style="list-style-type: none"> <li>• High concentration (e.g. 0.4 mg/mL) leads to low yield but larger flake sizes</li> <li>• Low concentration (e.g., 0.08 mg/mL) results in higher yield but smaller lateral sizes of flakes</li> </ul> <p>Centrifugal speed:</p> <ul style="list-style-type: none"> <li>• High speed (e.g. &gt; 6000 rpm) leads to low yield but thinner 2D layers</li> <li>• Low speed (at 0–1500 rpm) results in a high yield but thicker 2D layers</li> </ul>	<ul style="list-style-type: none"> <li>• Careful optimization of process parameters, including the selection of solvent, polymer surfactant, power, frequency, etc.</li> <li>• Application of other liquid-based exfoliation techniques such as electrochemical exfoliation to enhance the yield</li> <li>• Recycling of solvents to improve the yield</li> <li>• Gradual centrifugation for size-selective separation of 2D materials</li> </ul>

For example, the time duration for probe sonication takes 5–7 h with power ranging from 100 to 300 W, while bath sonication may last up to 12 h with a power-to-tank capacity of 10–20 W/L. For similar volumes of 50–100 mL, starting with concentrations of 20–50 mg/mL, the probe sonicator yields higher graphene concentrations (2 mg/mL after 6 h) compared to the bath sonicator (0.6 mg/mL after 100 h), although it produces smaller sheets. Extended sonication (up to 500 h) can increase yield but also results in smaller sheets due to the overloaded ultrasonic energy. Conversely, shorter sonication reduces costs but may require additional surfactant removal. Therefore, the proper selection of sonicators and processing are crucial to obtain high-quality 2D layers with

desired yield and thickness. Key observations for 2D material productions using sonication/shearing liquid exfoliation are provided in Table 7.

### 3.2. Preparation of 2DMMC feedstock powders

#### 3.2.1. Via ball milling

2DMMCs are engineered by integrating 2D reinforcing phases into pure metal or alloy powders. This combination aims to capitalize on the unique advantages of both metals and reinforcements by compensating for the shortcomings of a single component [11,161]. Various 2DMMCs

**Table 8**  
Examples of techniques for producing 2DMMC. powders [162–165].

	Working Scheme	Advantages	Disadvantages
<b>Molecular mixing</b>	Fine particles of multiple materials are mixed at a molecular level for uniform distribution throughout the composite matrix and are commonly involved with chemical synthesis.	Uniform dispersion of molecular reinforcement Enhanced interfaces and improved properties Better material compatibility More efficient material usage Homogeneous coating on complex shapes	Scale Limitations Technical complexity and specific chemical expertise required Challenging in maintaining process consistency Potentially time and cost consuming
<b>Electroless plating</b>	A chemical reduction process is supported by suitable catalysts, which initiate the plating on surfaces and generate deposition without the use of electric current.	Precise process control Enhanced bonding (thus beneficial for electrical and thermal conductivity) Higher quality coatings (enhanced wear resistance and smoother surface finish)	Involves hazardous chemicals (eg., sodium hypophosphite, formaldehyde, cyanides, acidic and alkaline solvents) Limitation to conductive materials Thickness limitation of plated layers
<b>Vacuum infiltration</b>	The molten matrix material is drawn into the pores of the porous preform in a heated vacuum chamber by removing air and applying pressure.	Able to fabricate denser composites Suitable for filling the complex preform molds Possess the potential to expand the production scale More flexible control of raw materials and processes	Proper preprocessing of substrates required Specific equipment dependency (vacuum chambers) Additional attention is required to process parameters (temperature and pressure etc.) Difficult to achieve uniform distribution of nanoparticle reinforcements Higher energy consumption affects sustainability and lower cost-effectiveness

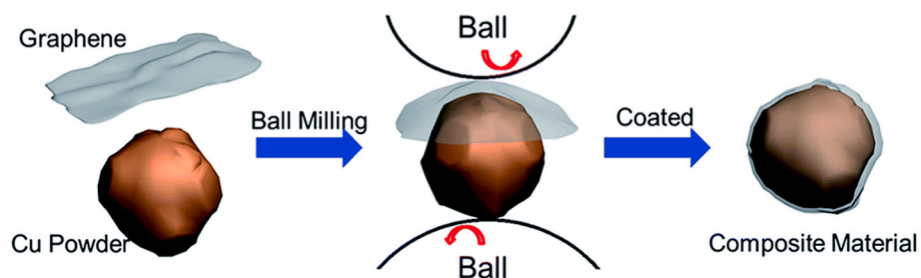


Fig. 13. Schematic diagram of the process for fabricating metal/high-quality graphene composites through high-energy ball milling [168].

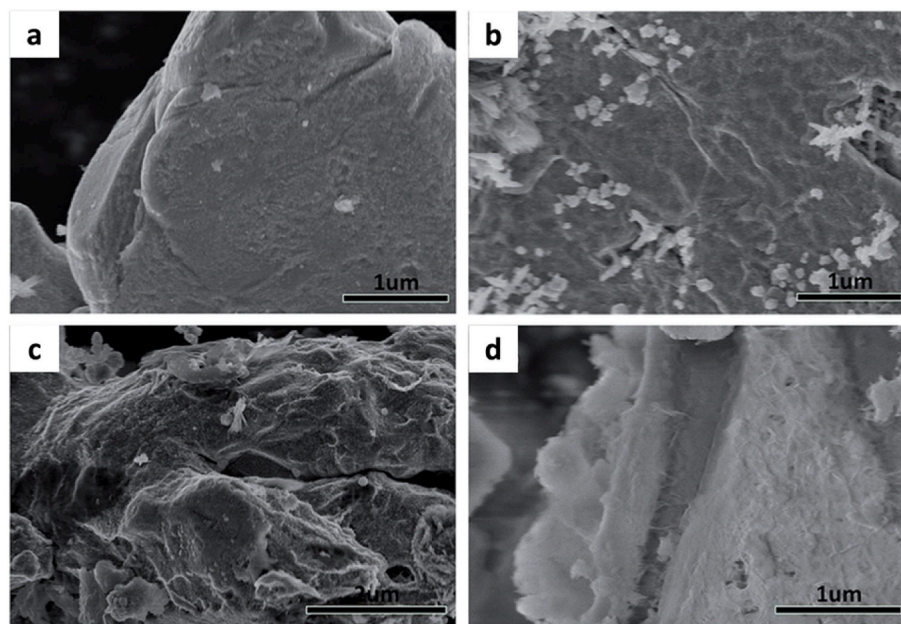
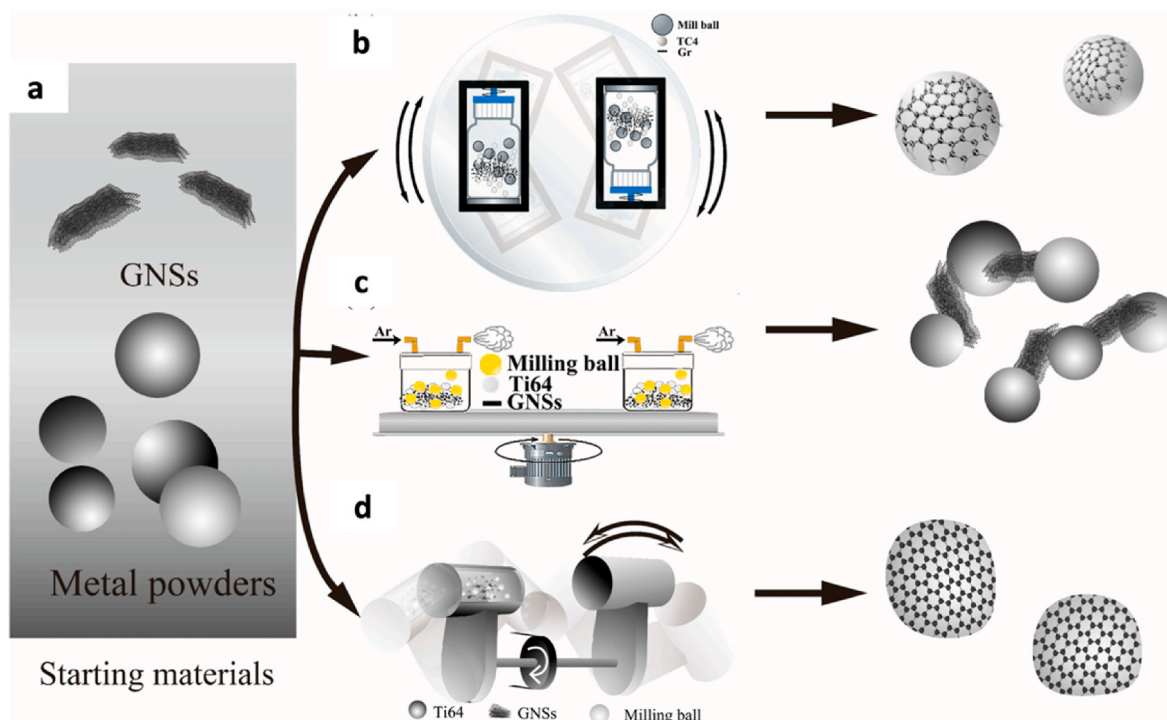
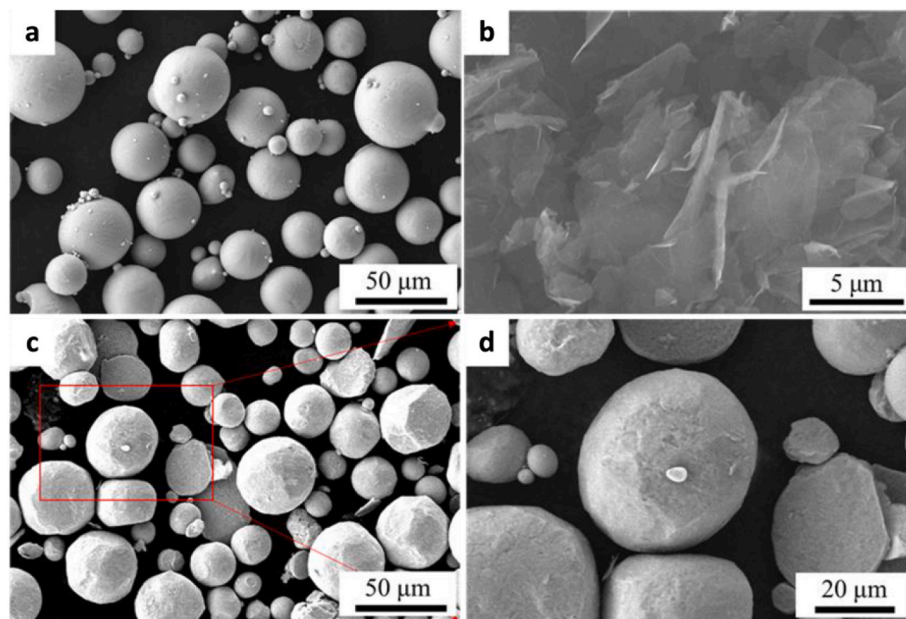


Fig. 14. SEM micrographs showing the morphology of copper powder coated with high-quality graphene throughout the ball milling process. (a) Initial copper powder before milling; (b and c) the surfaces of copper powder after being coated with high quality graphene through milling; (d) the edge of the copper powder coated with high quality graphene after milling [168].



**Fig. 15.** (a) Schematic of the Ti64-based 2DMMC fabrication process. Ti64 spherical powders (15–300  $\mu\text{m}$ ) and aluminum (45  $\mu\text{m}$ ) are used alongside graphene nanosheets (3–10 nm thick, 5–10  $\mu\text{m}$  diameter) as starting materials. Where the graphene nanosheets are dispersed into metal matrix powders to form composites, illustrated with three different following milling methods: (b) rocking milling, (c) planetary BM, (d) 3D BM [167].



**Fig. 16.** SEM micrographs of (a) Initial morphology of Ti-6Al-4V powder before milling; (b) graphene morphology; (c and d) morphology of Ti-6Al-4V+0.3 wt% graphene powder after milling [170].

powders have different characteristics, leading to diverse properties depending on the composition and fabrication processes. Molecular mixing, electroless plating, and vacuum infiltration are typical examples of producing 2DMMC feedstock powders, as listed in Table 8.

Compared to the synthesis techniques listed in Table 8, BM emerges as the most effective and environmentally friendly method capable of 2DMMC mass productions [87]. BM can also be used to produce 2DMMC powders by mixing and grinding processes between 2D materials and

metal powders. During BM, mechanical forces promote graphene exfoliation and increase the surface roughness of metal powders. Interfacial bonding between graphene and metal particles is depending on vdW interaction, which can be enhanced by repetitive cold welding [166]. For example, graphene and h-BN can be incorporated with various metal powders to improve the thermal and mechanical properties of feedstock powders as shown in Fig. 13 [11].

Among several metal-matrix candidates, ductile copper and



Fig. 17. Enhancing the copper powder with GNP suspension [49].

aluminum alloys are easier to deform during the forceful impact and squeezing process of the BM [86,140,167]. Hence, as shown in Fig. 14, while graphene is well coated on the copper powder, the metal surface and morphology become more irregular after milling at 1700 rpm for 4 h [168]. Similarly, when graphene is replaced with wet ball-milled BNNs, most of the dendritic copper powders are flattened after milling for only 30 min at 200 rpm, although the BNNs are homogeneously distributed on the metal surface [169].

In addition to ductile materials, Ti-6Al-4V alloy is also a common

candidate for 2DMMC. Many studies have attempted to pair titanium alloy with graphene to enhance properties, as the thermally induced TiC interlayer improves overall mechanical properties [167,170,171]. For all milling methods illustrated in Fig. 15, the defect density on GNS increases with higher milling energy. Meanwhile, the effect of the metal powder size becomes more notable as the milling energy increases [167]. Compared to the copper/graphene powders of Fig. 14, graphene-reinforced Ti-6Al-4V powders remain spherical after milling for 3 h at 240 rpm, see Fig. 16 [170]. Overall, BM processes need to

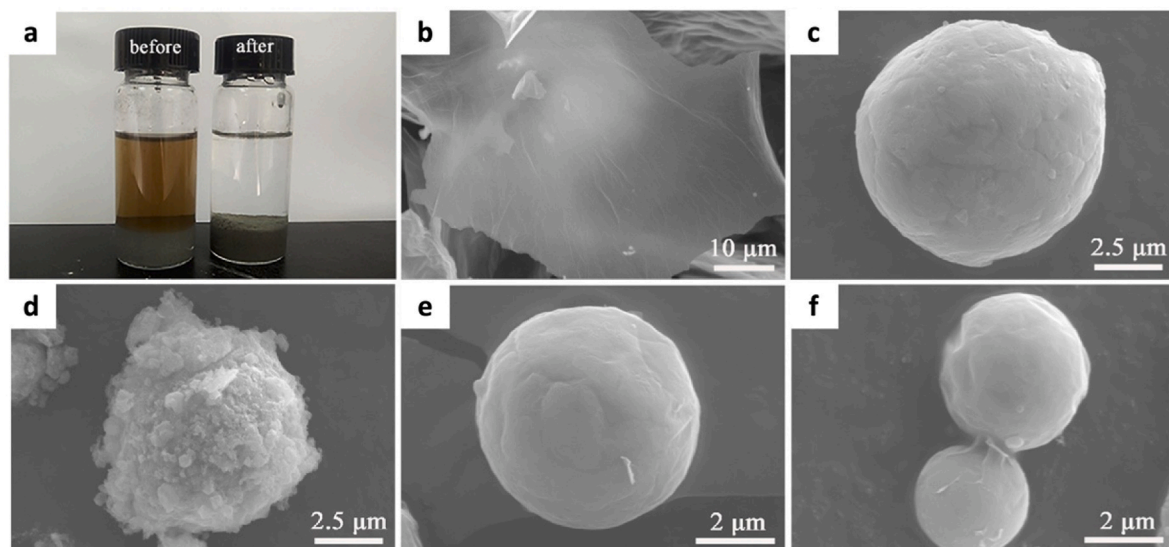


Fig. 18. Enhancing the aluminum powder with graphene oxide dispersion [48].

**Table 9**  
Comparison of Ball Milling (BM) and Liquid Phase Exfoliation (LPE) in terms of process feasibility, scalability, and environmental impact.

	Ball Milling (BM)	Liquid Phase Exfoliation (LPE)	References
Process requirements (Equipment)	Simple equipment (planetary or rotary ball mills): A single motor-driven rotating chamber using jars filled with grinding balls	Complex equipment (combination of ultrasonication and centrifugation process)	[7,89,97, 101,109, 173,174]
2D materials yield per batch	Feasibly achieves high yield per milling cycle, especially with an optimized ball-to-material ratio (e.g., 65–85 % of yields and 20–40 mg/h productions)	Moderate to low yield, requiring multiple steps (e.g., 2–37 % of yields and 0.02–2 mg/h productions)	[7,131,146, 173–175]
Process Scalability	Suitable for large-scale, industrial production with easy parameter control	Moderate scalability, requiring large solvents and high costs	[7,88,89, 101,110, 176]
Control over the final product	Good tuneability with proper parameter control, but may introduce defects	High-quality sheet production, but requires difficult solvent recycling and special handling.	[7,88,89,97, 101,110, 176]
Material recyclability	Low waste production if dry milling is used	Difficult solvent recycling, requiring special handling	[86,97,100, 148, 176–181]
Energy consumption	Moderate to high depends on milling parameters (e.g., 20–50 J/g)	High due to prolonged ultrasonication or solvent recycling (e.g., 50–100 J/g)	[88,97,110, 148, 175–181]
Environmental impact	Moderate, depends on the use of process control agents (PCA) and waste generation	High due to significant solvent consumption	[88,97,105, 108,110, 148, 176–181]

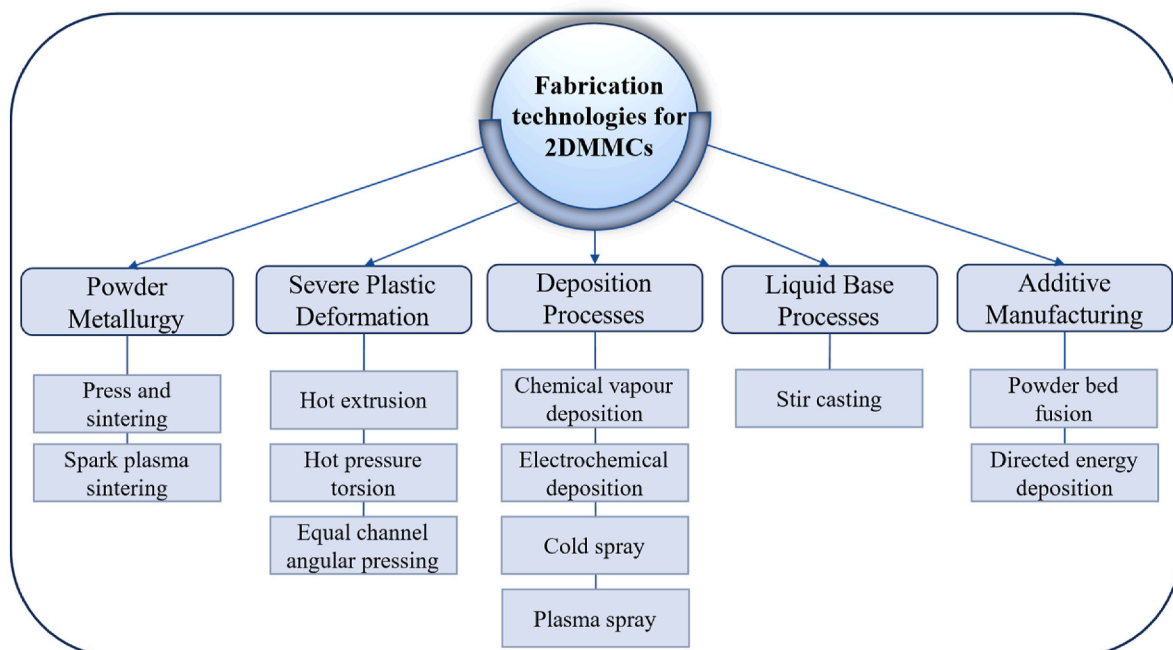
consider the specific properties of metal matrices and their associated costs [11,172]. From a comprehensive assessment, BM unequivocally represents the premier technology for the scalable production of 2DMMC feedstock powders. However, comprehensive studies on how individual BM parameters affect the uniform dispersion of 2D layers in the metal matrix are needed for optimal processing.

**3.2.2. Liquid phase exfoliation principles**

The processability of LPE that offers the preparation of 2D materials makes it also a viable option for the actual preparation of 2DMMCs using sonication/shear methods. For instance, Nazeer et al. demonstrated GNPs are first exfoliated using LPE to create a suspension. This suspension is then mixed with copper powder through vortex mixing and vacuum infiltration to form GNP/Cu paper, resulting in notable improvements in flexural strength. At 0.6 vol% GO, a 22 % increase in flexural strength (127 MPa) was observed compared to pure sintered Cu (Fig. 17) [49].

Similarly, Zhang et al. demonstrated significant enhancements in various mechanical and thermal properties using a procedure akin to LPE with graphene oxide (GO). With the 0.3 wt% graphene addition to pure aluminum, they achieved remarkable improvements: a 15.4 % increase in thermal conductivity, 9.1 % in specific heat capacity, 21.1 % in hardness, and 25.6 % in compressive strength (Fig. 18). These results underscore the versatility and effectiveness of LPE methods in enhancing the properties of 2DMMCs, highlighting their potential for production of 2DMMC powder feedstocks.

In summary, BM and LPE, the two main methods discussed in this section have distinct advantages. BM offers scalability and cost-effectiveness for large-scale production of 2D materials and 2DMMC feedstock powders. However, challenges with size controllability and potential damage during the BM process necessitate a thorough optimization of milling parameters, depending on the selection of 2D material and metal matrices. In comparison, LPE provides better control over size and thickness and can produce higher quality 2D layers than BM. Nevertheless, the complexity of the process, residual solvents, and significantly lower yield compared to BM remain challenges for large-scale production. Therefore, BM and LPE techniques can be applied complementarily for specific 3D consolidation techniques or targeted heat transfer applications. Key characteristics of BM and LPE processes



**Fig. 19.** Summary of fabrication methods for 3D consolidation of 2DMMCs.

are compared and summarized in Table 9.

#### 4. Fabrication methods for consolidation of 3D parts from 2DMMC feedstocks

The properties of 2DMMC parts are significantly influenced by the utilized fabrication process. A key parameter that is affected by the manufacturing route is the distribution of 2D materials within the metal matrix. A uniform dispersion of the reinforcing material ensures effective load-bearing capability, influencing not only the overall strength but also thermal and electrical conductivities. Therefore, an overview of the advantages and shortcomings of the various fabrication techniques is essential in understanding and tailoring the performance of 2DMMC parts.

This section discusses various fabrication methods for the consolidation of 3D parts from 2DMMC feedstocks. The fabrication methods are classified into five main groups: i) Powder Metallurgy (PM), ii) Severe Plastic Deformation (SPD), iii) Deposition Processes (DP), iv) Liquid Base Processes (LBP), and v) Additive Manufacturing (AM), as represented in Fig. 19. The characteristics, advantages and challenges associated with these fabrication methods are summarized.

##### 4.1. Powder metallurgy

PM is a conventional two-step solid-state fabrication method. In the first step metal or metal alloy powder is combined with reinforcing particles (2D materials) to create a uniform powder mixture [182]. The mixing can be implemented through different methods including BM [183], wet mixing [184], vacuum infiltration [49,185], molecular level mixing [162,186] or a combination of them [187]. The second step involves pressing and sintering the mixed feedstock into the final geometry. PM is the most common technique for the development of 2DMMC parts thanks to its exceptional versatility. This section explores the method of press and sintering, and Spark Plasma Sintering (SPS).

###### 4.1.1. Press and sintering

Press and sintering enable powder particles' fusion without melting [182]. Compaction involves pressing metal powders into a desired shape using a die and punch. The goal is to achieve a compact part, which is a pressed, but not fully dense structure. Subsequently, the part undergoes sintering [182] to promote atomic diffusion and particle rearrangement, facilitating the creation of a dense and cohesive structure. Various sintering techniques, such as conventional [188] and microwave [189] methods have been utilized for 2DMMC parts. The incorporation of 2D materials distinctly influences the density variation with sintering time and temperature [120,190]. This arises from the propensity of 2D materials to agglomerate into the matrix [111,190,191]. Microwave sintering induces rapid heating [189] and produces finer, more uniform microstructures than sintering.

Simultaneous application of heating and pressing in hot pressing [111,188,192,193] and Hot Isostatic Pressing (HIP) [194,195] facilitates effective consolidation in 2DMMC part fabrication. However, the slow heating phase of hot pressing may introduce contamination and lead to sub-optimal interfacial bonding [11]. Several factors, including powder size and morphology, 2D phase content, presence of impurities, and sintering parameters (e.g., temperature, time, and gas atmosphere) significantly affect the densification of the final composite [111,192]. Sabouri et al. [196] have recommended incorporating graphene at 0.5 wt% in the aluminium matrix for enhancing thermal conductivity. Surpassing 0.5 wt% was reported to lead to diminished thermal conductivity [196]. Similarly, Ghosh et al. [120] noticed a reduction in mechanical and tribological properties when the h-BN content in aluminium matrix exceeds 3 wt%. This underscores the need for determining the 2D material content to optimize the properties of 2DMMC parts.

##### 4.1.2. Spark plasma sintering

SPS, also known as field assisted sintering, is a rapid technique for consolidating metals, ceramics, and composites powders [197,198]. The process involves passing a low-voltage, pulsed Direct Current (DC) through the material, placed in a graphite-lined die, while applying uniaxial pressure for complex net-shaping of components with minimal grain growth [199–201]. The starting powders are loaded into the graphite-lined die to prevent sticking and interaction with the die walls [202]. The interaction between the die and sample in SPS enhances material purity [203] and affects the microstructure and mechanical properties by using sintering aids like MoSi<sub>2</sub> or WC [204,205].

SPS has been successfully used to produce 2DMMC parts [206]. Graphene-aluminium [207] and graphene-copper [208] show enhanced mechanical properties and thermal and electrical conductivities. As demonstrated for graphene reinforced ZrB<sub>2</sub>, excessive carbon can adversely affect composite properties, suggesting an optimal concentration range and specific sintering conditions [209–211].

##### 4.2. Severe plastic deformation

SPD techniques encompass processes that subject the metallic materials to substantial plastic strain, thereby significantly altering their microstructural and mechanical properties. Various SPD techniques have been employed for the fabrication of 2DMMC parts, including Equal Channel Angular Pressing (ECAP) [212–215], High Pressure Torsion (HPT) [216–219] and Hot Extrusion (HE) [220–222]. These processes exhibit versatility in terms of implementation across a wide temperature range, encompassing moderate (e.g., ECAP) to high temperatures (e.g., HE). The induced grain refinement enhances the mechanical strength of the matrix material. SPD is employed for both processing and post-processing i.e., i) consolidation of 2DMMC parts [214–218,223,224], and ii) enhancing 2DMMC properties through deformation [219,221]. SPD has been specifically implemented as a post-processing method on 2DMMC parts with magnesium [220], aluminium [212–216,221,222,225] and copper [217,226] matrices. SPD is commonly carried out as post-treatment for 2DMMC parts after PM [212,221] or stir casting [220]. The flow produced by shear deformation inside the matrix can highly promote the dispersion of 2D flakes. Moreover, large plastic deformation can reduce the number of 2D material layers by bending, twisting, and possibly separating them. The combined effect of thinning the layers and reducing flake aggregation enhances overall performance of 2DMMC parts [225,227].

###### 4.2.1. Equal channel angular pressing

In ECAP the metal base composite powder or billet [214] undergoes intense plastic deformation while being pressed through two intersecting channels. ECAP is the most rudimentary and efficient room temperature SPD technique for bulk materials characterized by nanostructured grains [227]. This method avoids agglomeration formation in fine (nano-sized) particles [228]. ECAP can induce exfoliation in graphene layers, as dislocations tend to accumulate behind the carbon reinforcements [229]. The resulting shear stresses can surpass the cohesive vdW forces between graphene nanosheets, and thus may lead to a significant reduction in the number of graphene layers [214]. This effect is particularly pronounced when graphene flakes are aligned parallel to the direction of the shear stress [214].

###### 4.2.2. Hot extrusion

HE is widely employed for shaping metals or alloys through the application of high temperatures. This process provides a unique 3D state of stress on the material, enhancing plasticity and ensuring high formability [225]. During preheating, the material attains a temperature above its recrystallization point while remaining below the melting point. Existing studies predominantly employ HE as a post-treatment for 2DMMC parts, enhancing mechanical properties through grain refinements [221,226]. In contrast, Du et al. [220] opted for combining

stir casting and HE for 2DMMC part fabrication. The results indicated that the distributed GNPs in a magnesium matrix formed beneficial networks that enhanced both strength and thermal conductivity.

#### 4.2.3. High pressure torsion (HPT)

HPT is commonly employed to induce grain refinement in metallic materials through a combination of high pressure and torsional (twisting) deformation. HPT has been investigated for other purposes including consolidation of nanocomposite powders for bulk material production and eliminating the reliance on conventional sintering. The efficient processing of 2DMMC parts through HPT occurs at significantly lower temperatures compared to sintering. Moreover, thanks to being a low temperature process, it mitigates oxidation pick-up and the formation of secondary phases [216,218]. HPT is a potential alternative to liquid casting, although it is constrained by the wettability challenge between 2D materials and metal matrix [218].

#### 4.3. Deposition process (DP)

Deposition of 2DMMC coatings on general parts can be realized in several ways. The most relevant methods are sketched here.

##### 4.3.1. Electrochemical deposition

Electrochemical deposition is a versatile and cost-effective technique for the fabrication of 2DMMC coatings [230–232]. In this process, a conductive substrate serves as an electrode (cathode), immersed in an electrolyte solution containing metal ions and dispersed 2D phases. The application of electric current prompts the reduction of metal ions onto the substrate surface concurrently incorporating the 2D phases. The parameters, including current density [233,234], bath composition [235,236], and deposition temperature [237] are finely tuned to achieve optimal control over the composite properties [231,234,235]. Both DC and Pulsed Current (PC) methods are employed for electrodeposition of 2DMMC coatings. PC may achieve a very uniform surface, effectively controlling the microstructure and chemical composition of the deposits [232–234]. Continuous mechanical stirring during electrochemical deposition [230,238–240] is conducted to ensure uniform dispersion of the 2D material [230,238–240]. Furthermore, for MMCs reinforced with graphene, cluster formation due to hydrophobicity can be addressed by using hydrophilic GO as source material in the electrolyte solution [231]. Sreekumar et al. [232] reviewed the electrodeposition process of 2DMMC coatings onto a nickel matrix yielding nickel nano composite coatings. This method has numerous benefits, such as the uniformity of coatings, easy adaptation to complex geometries, and customization of the composite.

##### 4.3.2. Chemical vapour deposition

CVD is used for depositing monolayers of 2D materials onto metal surfaces using vapour species. A solid layer of coating is achieved through a chemical reaction on the metal substrate. In CVD, the substrate is heated to a specific temperature to reduce surface oxidation and increase the continuity and quality of the grown 2D material [241]. The CVD reactor enables precise adjustment of deposit thickness, and uniformity [242]. An overview of CVD processes including hot wall, cold wall and plasma-enhanced CVD can be found in Ref. [243] for one or more layers of graphene. It explores the issue of precursor selection and discusses the growth mechanisms and applications of graphene [243]. Similarly, Sun et al. [244] present a comprehensive summary of recent advancements in customized CVD production of 2D h-BN on various substrates, including copper, platinum, and nickel.

##### 4.3.3. Cold spray

CS is a solid-state deposition technique for various materials, including 2DMMCs, at temperatures considerably lower than the melting temperature of the metal matrix. CS involves the deposition of powder particles accelerated to supersonic velocities onto a metallic

substrate, creating thick coatings as well as additively manufactured parts [245–247]. Low operating temperatures of CS can enable the effective deposition of 2D materials that are sensitive to temperature and oxidation [248]. Powder preparation significantly affects the overall deposition efficiency and the characteristics of the CS 2DMMC deposits. Common methods for preparing 2DMMC feedstock for CS deposition include BM [24,249–252] and *in-situ* reduction techniques [253–259], such as those applied to self-lubricating h-BN encapsulated in nickel [260–263]. CS has been used to deposit copper [253,259], aluminium [254], nickel [264], and zinc [265] reinforced by h-BN or graphene.

Prasad et al. [248] delved into the CS deposition of graphene reinforced MMC parts. Limited studies have investigated the variation of process parameters for the optimization of CS for 2DMMC parts. In terms of deposit quality indexes, literature data discusses enhancing wear and corrosion resistance. Mechanical and thermal characterization is largely missing. The distinctive features of CS, i.e., its notably high deposition rate, low processing temperature, material versatility, and the ability to utilize multiple feeders to tailor material composition, suggest its considerable promise. The main potential of CS is in depositing layers of unrestricted thickness for AM of 2DMMCs [266].

##### 4.3.4. Plasma deposition and spray

Plasma deposition allows for the direct deposition of nanostructures onto substrates from the gas phase [267,268]. Recent developments in plasma deposition techniques have showcased the production of carbon-based structures with freestanding architecture [269] on metallic surfaces [269,270], or intercalated with metallic particles [271]. Plasma deposition offers flexibility in growth rate, surface morphology, orientation, and crystal structure on various substrates by adjusting plasma discharge parameters at low temperatures.

Plasma spray (PS) involves injecting powders into a DC plasma jet, where the particles melt and accelerate toward the substrate, forming thin film coatings. Various types of PS processes have been discussed in Refs. [272,273], highlighting diagnostics of thermal plasma jets, properties of sprayed material, and applications in electronic materials [274]. Plasma computer tomography, laser-based particle shape imaging and control [275], particle motion and air entrainment [276], and their use as thermal barrier coatings [277] are topics of current research. Cold plasma systems, mainly operating at atmospheric pressure in the form of jets, produce reactive species, eliminating the need for higher temperatures. Nanomaterial synthesis, such as gold nanostructures [278,279] is effective with a DC plasma.

Recent advancements include the deposition of graphene-based coatings of metallic particulates, showcasing atmospheric pressure plasma spraying and suspension plasma spraying [280,281]. These composites exhibit improved wear resistance, absorption, and self-lubricating properties, and have potential applications in developing enhanced thermal and mechanical properties of graphene-dispersed aluminium composites [282] or by impregnating cobalt nanoparticles onto graphene using the liquid phase plasma method [283].

#### 4.4. Liquid base process (LBP)

##### 4.4.1. Stir casting

Stir Casting (SC), as a manufacturing technique for 2DMMC parts, includes the dispersion of 2D materials into a molten metal matrix by continuous stirring, followed by casting of the resulting mixture into the desired shape [266]. To achieve a uniform distribution of 2D materials within the metal matrix, wettability and chemical interactions between the reinforcing material and the matrix alloy [284] are crucial factors that can be influenced by the temperature and speed of stirring [285]. Preheating of the 2D materials and their progressive insertion into the molten matrix is reported to improve their dispersion [285,286].

The incorporation of 2D materials through SC can reduce the grain

**Table 10**

Summary of the fabrication methods used for producing 2DMMC parts, highlighting their advantages and challenges based on the properties of the 2D and matrix materials.

Fabrication method	Post processing	Matrix	Advantages	Challenges	
PM	Press and sintering	Hot rolling	Cu, Al, Ti	Used to prepare complex parts at a low cost [312]	Formation of void and oxidation [313]
		Hot isostatic pressing	stainless steel,		
SPS	Rapid heating by pulsed or direct current with simultaneously applied uniaxial force	Annealing	Mg	Extensive selection of matrix material powders [314], rapid sintering times mitigating grain growth [315], the ability to pre-forming using dies of complex shapes [316]	Interface bonding of 2D materials and the metal matrix needs to be further improved [312]
		Hot extrusion	Ag, Ni, Fe		
		T6 heat treatment			
SPD	ECAP	–	Cu, Al	Uniform dispersion of graphene particles, grain refinement [215]	Difficult to prepare large and complex geometries [312]
		–	Cu, Al, Mg		
		–	Al, Cu		
DP	Electrochemical deposition	Hot rolling, T6 heat treatment	Cu, Ni, Mg	Low energy and low cost [320]	Controlling the morphology of thin film layers is complex, hindering large-scale manufacturing [320]
		–	Stainless steel, Al, Ti, Au		
PS	–	–	Stainless steel, Al, Ti, Au	Flexibility in growth rate, surface morphology, orientation and crystal structure. various possible precursors (solid, liquid or gas) [322]	Possible substrate overheating, porosity in coatings, limited deposition thickness in a single pass, need for substrate pre-preparation for better adhesion [323]
		–	Cu, Ni, Al, Mg		
CS	–	–	Cu, Ni, Al, Mg	Non-agglomeration and uniformly distributed 2D materials without oxidation and phase transformation [45]. No size limitations, no thermal degradation.	High-pressure CS may potentially damage the structure of 2D materials [312], presence of 2D material can reduce the deposition efficiency [259]
		Hot rolling	Cu, Ni, Ag, Steel		
LBP	SC	Hot extrusion	Al, Mg	Large-scale manufacturing, low cost, and high rates of production [319]	Complicated process and high cost for complex geometries [312], abnormal coarsening of matrix grains [226]
		–			
AM	LPBF	–	Cu, Al, Ni	Notable geometrical flexibility and high product quality [324]	Inhomogeneous distribution of reinforcement [319]. High temperature processes can damage 2D structure [266]. Contamination introduction [11]. Weak interfacial bonding between the reinforcement and the metal matrix [319]
		–	Ni, Ti, Al		
DED	–	–	Ni, Ti, Al	Functionally graded structures [307], high controllability, capability of surface modification [306]	Occurrence of pores and inclusions due to the effect of 2D materials on laser energy absorptivity of metal powders; (laser) process parameters must be strictly tailored [312]
		–			

size within 2DMMC parts [284,287]. Lower grain size arises at higher content of 2D flakes [286], provided particles with sizes less than 1  $\mu\text{m}$  are used [288]. Overall, SC stands out as a cost-effective and efficient fabrication method suitable for large-scale production [289], provided the 2D flakes can withstand the high-temperature processing [266].

#### 4.5. Additive manufacturing

There are limited reports on the application of AM techniques for the fabrication of 2DMMC parts. Here, Laser-Powder Bed Fusion (LPBF) and DED techniques are considered and discussed as major techniques.

##### 4.5.1. Laser-powder bed fusion

LPBF, also known as selective laser melting, constitutes most of the literature for the fabrication of 2DMMC parts using AM technologies. Thin layers of powder are evenly spread across a build plate and then selectively fused using energy provided by a laser beam. This process is repeatedly carried out layer by layer [22]. LPBF is challenged by the absorptivity of the laser energy by the powder [290]. The concentration and the distribution of 2D materials within the metal matrix can influence the absorptivity of the feedstock [291,292]. Powder flowability is another key factor [293], defined by the size and morphology of the

2DMMCs' feedstock [292]. Both absorptivity and flowability are intricately linked to the composite powders' preparation method. Therefore, many of the previously mentioned methods have been employed for preparing the feedstock for LPBF processes, including mechanical mixing and BM [294–296], molecular level mixing [297], sonication stirring [26,292,298,299] and electroless deposition [300–302], all in search of a good combination of powder characteristics for LPBF.

Despite the challenges, LPBF has been successfully applied to obtain graphene reinforced composites [15,303] as well as silicon carbide reinforced magnesium [304]. The distribution of 2D materials across the molten pool results in a layered configuration along the build direction, yielding a lamellar structure, that may enhance mechanical properties [299].

Abedi et al. [290] provided a review exploring the properties of LPBF 2DMMC parts for  $\text{AlSi}_{10}\text{Mg}$  reinforced with graphene. There is very limited data on the correlation between the influence of LPBF process parameters like laser power and scanning speed, hatching distance, layer thickness, and build direction on the performance of 2DMMC parts.

##### 4.5.2. Directed energy deposition

DED is another AM process in which material, in the form of wire or

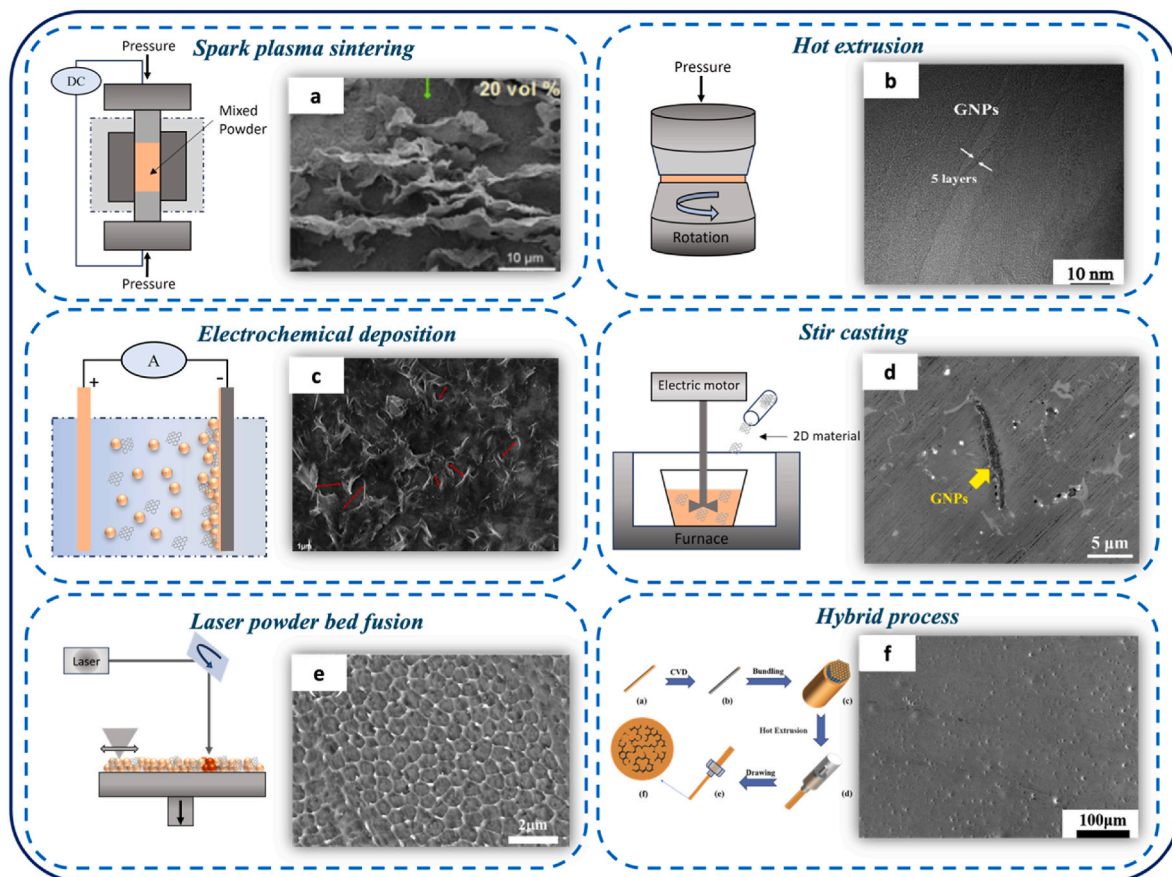


Fig. 20. The most commonly used 2DMMC coating/parts fabrication methods and their corresponding representative 2DMMC structures: (a) spark plasma sintering [49], (b) hot extrusion [325], (c) electrochemical deposition [233], (d) stir casting [326], (e) laser powder bed fusion [299], and (f) the hybrid process of chemical vapour deposition and severe plastic deformation [226].

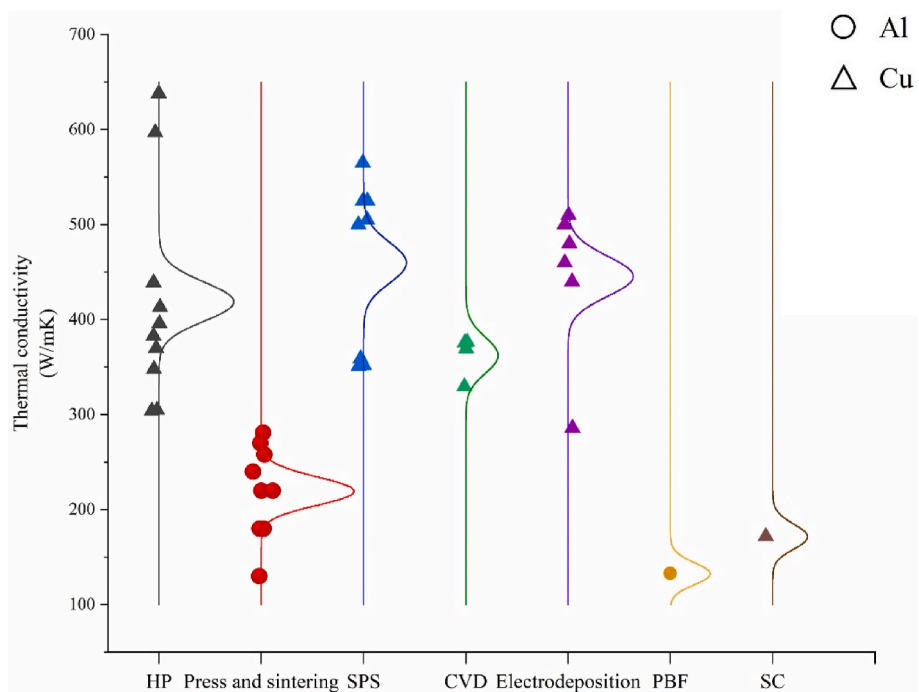


Fig. 21. Diagram of the thermal conductivity of 2DMMCs gathering the data obtained for different fabrication methods and matrixes [45,47–50,64,69,183,187,196, 289,327–336], [411].

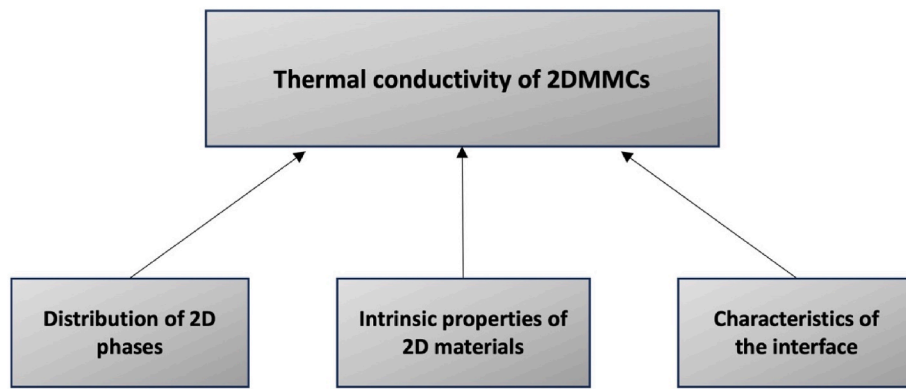


Fig. 22. Dominant factors governing the thermal conductivity of 2DMMC parts.

powder, is deposited layer by layer using a focused energy source, such as a laser or electron beam. The exceptional control offered by DED processes allows for the precise creation of gradient structures with tailored properties [305,306]. This capability is crucial for 2DMMC parts, as the final properties of components depend significantly on the amount and distribution of 2D material [307]. Within DED, laser

cladding was used for the fabrication of 2DMMC parts [103]. h-BN was incorporated into various metal matrices using laser cladding for the fabrication of wear resistant coating with thermal stability up to 900 °C [308–310].

Wang et al. [311] investigated the correlation between structure and properties of aluminum alloy reinforced by graphene and demonstrated

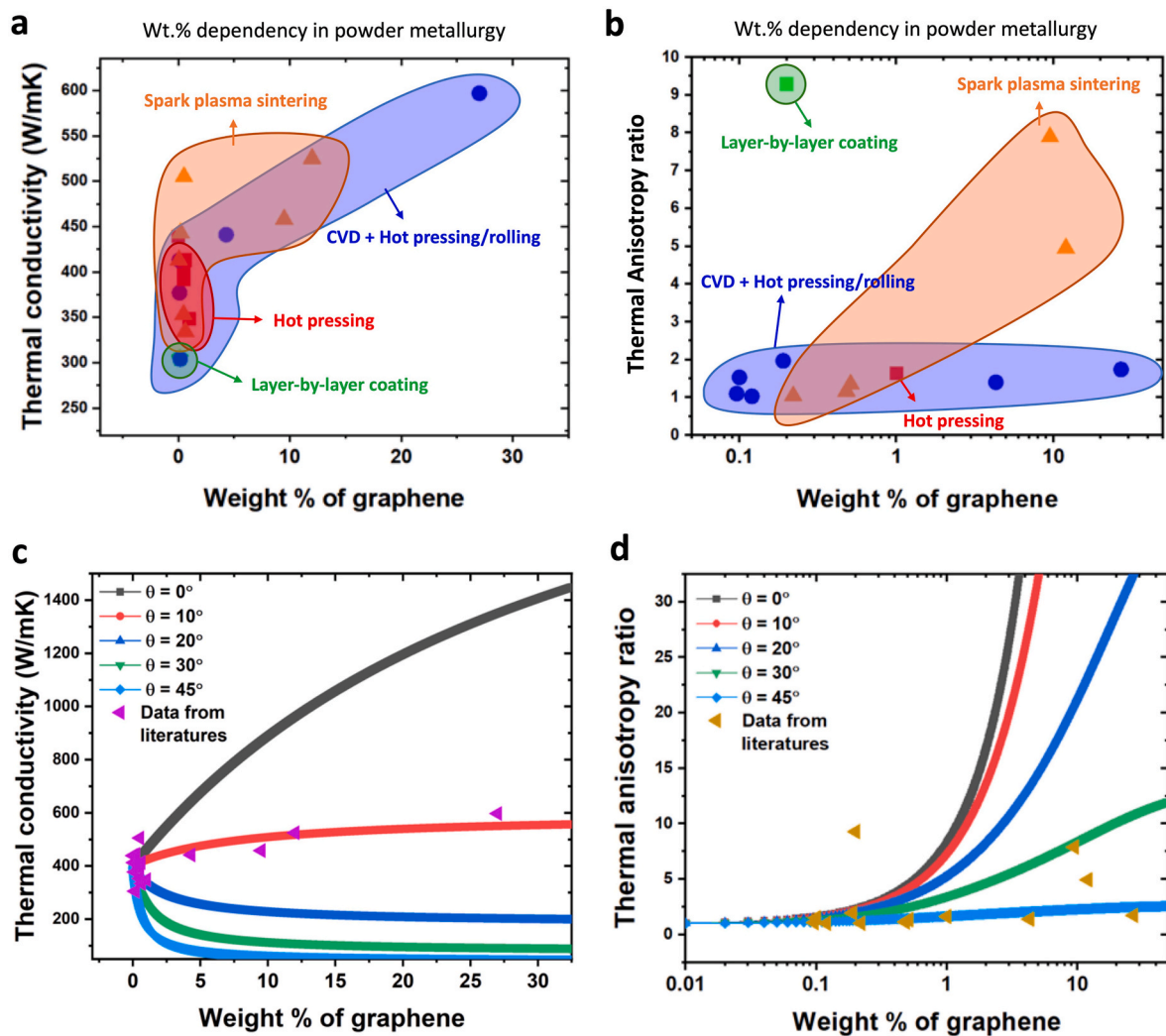


Fig. 23. 2D phase dependency of (a) thermal conductivity and (b) thermal anisotropy ratio for four different copper-graphene production technologies. Comparison of effective medium approximations at different values for the so-called theta parameter  $\theta$  defined in equations (1) and (2), with literature values of (c) thermal conductivity and (d) thermal anisotropy ratio at different wt.% of graphene in copper-graphene 2DMMC parts [46,49,50,64,69,327,329,330,338–344].

that increasing the graphene nanoplatelet content significantly refines the grain during Laser Deposition Manufacturing (LDM). The high temperature of LDM processes poses a challenge due to the formation of carbides (e.g.,  $Al_4C_3$  in aluminium alloys reinforced by graphene). This is mitigated by LDM's rapid heating. Small amounts of  $Al_4C_3$  were found to improve the wettability of the graphene nanoplatelets in the aluminum matrix [311]. Lu et al. [307] reported no carbide formation during LDM used for obtaining  $Ni_3Al$  metal-matrix composites. The study demonstrated that the strength enhancement observed in the final composite resulted solely from grain refinement. Further studies into the thermal behavior of DED fabricated 2DMMC parts are much needed.

Table 10 summarizes Chapter 4, outlining the benefits, obstacles, and key characteristics associated with each discussed fabrication method, highlighting aspects such as dispersion, agglomeration, energy consumption, and size limitations.

Current literature advocates hybrid processing strategies, which integrate various techniques to offer customized solutions. Hybrid approaches have been reported to address fabrication hurdles and elevate performance for 2DMMC applications. The research conducted by Li et al. [226] explores a hybrid fabrication method for a copper matrix reinforced by graphene, combining CVD with two SPD methods, i.e., extrusion and cold drawing. In the same vein, Li et al. [411] merged electrophoretic and vacuum hot press techniques to obtain a Cu/rGO film with a thermal conductivity 40.9 % higher than the sole electrophoretic Cu/GO film. These successful examples improve heat dissipation, offering exciting potential for future advancements in thermal management applications.

Fig. 20 represents the predominant manufacturing methodologies within the primary technology categorization, accompanied by schematic representations of the fabrication technique and demonstrative structures obtained for each.

Fig. 21 illustrates the range of thermal conductivity values reported for 2DMMC parts with aluminum and copper matrices achieved through different fabrication methods. Interestingly, the highest reported value, shown in the case of hot pressing, corresponds to a hybrid process of electrophoretic and vacuum hot pressing techniques [411].

The choice of the optimal fabrication method for 2DMMC parts is contingent upon the 2D phase and the metal matrix, and the desired application regarding the required physical, structural, mechanical and thermal attributes. Integrated consideration of these features allows a tailored selection of fabrication methods based on the unique requirements of the target application.

## 5. Optimizing the thermal conductivity in 2DMMC systems

This section discusses the factors governing the thermal conductivity of 2DMMC parts. The effect of varying parameters governing the production processes on the bulk metal matrix and its interfaces with the 2D material are considered. An overview of the three main factors affecting the thermal conductivity of 2DMMCs is presented in Fig. 22.

### 5.1. Distribution of 2D phases

The distribution of the 2D phases within the host metal matrix has a significant impact on the thermal conductivity of the 2DMMCs. Next to the wt.%, also the alignment of the 2D phases arising from the material processing and fabrication method is crucial. Fig. 23a depicts the relationship between the thermal conductivity and the wt.% of graphene in a copper matrix, considering four independent production techniques. The results indicate that even low graphene fractions between 0.1 and 1 wt% can induce variations of the thermal conductivity between 300 and 500 W/mK [50,64,66,69,327–330,337]. The thermal conductivity of bulk copper is about 400 W/mK. As the orange area in Fig. 23a indicates, only SPS provides a significant thermal benefit at low graphene wt.%. Chu et al. [338] refer to this as 'aligned graphene', postulating that SPS processing orients the graphene in a favorable position to conduct heat.

Fabrication using CVD and hot pressing/rolling, indicated by the blue and red areas in Fig. 23a shows a more modest benefit of enhancing copper with graphene.

The alignment or orientation of the 2D phases can also be observed from the thermal anisotropy ratio, i.e., the ratio between the parallel and normal conductivities (Fig. 23b). Here, SPS stands out with reported anisotropy ratios between 5 and 8. Interestingly, CVD and hot pressing/rolling can combine high conductivity with significant thermal isotropy [336].

Effective medium approximations predict the thermal conductivity of 2DMMC parts [49,345–347]. It provides a prediction for in-plane and through-plane thermal conductivities in terms of interface resistance:

$$K_{//} = K_m \cdot \left\{ \frac{2 + \left(\frac{\alpha}{1+\alpha}\right) \cdot \left[\left(\frac{K_{2D}}{K_m} - 1\right) \cdot (1 + \langle \cos^2 \theta \rangle)\right]}{2 - \left(\frac{\alpha}{1+\alpha}\right) \cdot \left[1 - \frac{K_m \cdot \left(\frac{R_k \cdot K_{2D}}{t} + 1\right)}{K_{2D}}\right] \cdot (1 - \langle \cos^2 \theta \rangle)} \right\} \quad (1)$$

$$K_{\perp} = K_m \cdot \left\{ \frac{1 + \left(\frac{\alpha}{1+\alpha}\right) \cdot \left[\left(\frac{K_{2D}}{K_m} - 1\right) \cdot (1 - \langle \cos^2 \theta \rangle)\right]}{1 - \left(\frac{\alpha}{1+\alpha}\right) \cdot \left[1 - \frac{K_m \cdot \left(\frac{R_k \cdot K_{2D}}{t} + 1\right)}{K_{2D}}\right] \cdot \langle \cos^2 \theta \rangle} \right\} \quad (2)$$

where  $\alpha = \frac{f_{2D} \text{ phase} \cdot \rho_{metal}}{f_{metal} \cdot \rho_{2D} \text{ phase}}$ ,  $K_m$  and  $K_{2D}$  are the thermal conductivities of the host metal and 2D phase, respectively,  $f_{metal}$  and  $f_{2D}$  are the weight fractions of metal and 2D phase, respectively,  $\rho_{metal}$  and  $\rho_{2D}$  are the mass density of metal and 2D phase, respectively,  $\theta$  is the angle between the 2D phase and the heat transfer direction,  $R_k$  is the interface thermal resistance between the 2D phase and the metal, and  $t$  is the thickness of the 2D phase.

In Fig. 23c–d model results are depicted for an assumed thermal conductivity of 400 W/mK and 2000 W/mK for copper and graphene, respectively. Additionally, the interfacial thermal resistance  $R_k$  is assumed to be  $4 \times 10^{-8} \text{ m}^2\text{K/W}$  [348] for the copper-graphene interface. The thickness of the graphene layer is taken as  $t = 100 \text{ nm}$ . Both the wt. % and 2D phase alignment are varied. Fig. 23c illustrates that with poor alignment ( $\theta > 30^\circ$ ) the thermal conductivity decreases when adding more graphene. Conversely, with perfect alignment ( $\theta = 0^\circ$ ) a large increase is witnessed. The purple diamonds represent the reported values of Fig. 23a. The thermal anisotropy ratio is depicted in Fig. 23d. In this case, the orange triangles represent the values taken from Fig. 23b. There appears to be some general correspondence between the experimental findings and the presented model, but the agreement is insufficient for a quantitative comparison.

### 5.2. Intrinsic properties of 2D phases

In this subsection, three main properties of 2D phases that are essential in determining the heat transfer characteristics are discussed. Specifically, the thickness of the 2D phase (Subsection 5.2.1), defects contained in the 2D phase (Subsection 5.2.2) and the strain on the 2D phase caused by mechanical deformation or thermal processing (Subsection 5.2.3) are considered.

#### 5.2.1. Thickness

The dependency of the thermal conductivity on the thickness of the 2D material can be expressed using the effective medium approach [49,

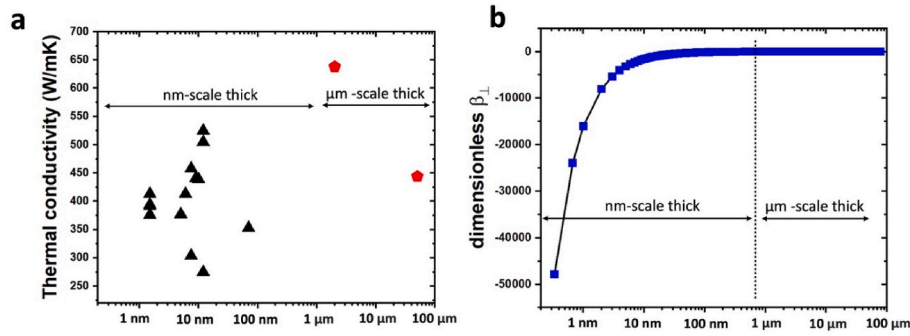


Fig. 24. Dependence of the thermal conductivity on the graphene layer thickness in Cu-graphene 2DMMCs (a) Experimentally determined thermal conductivity versus thickness of graphene derived from Refs. [47,49,50,64,69,329,330,338,339,342,344,349], [411], (b) plot of form-factor  $\beta_{\perp}$  as a function of graphene layer thickness.

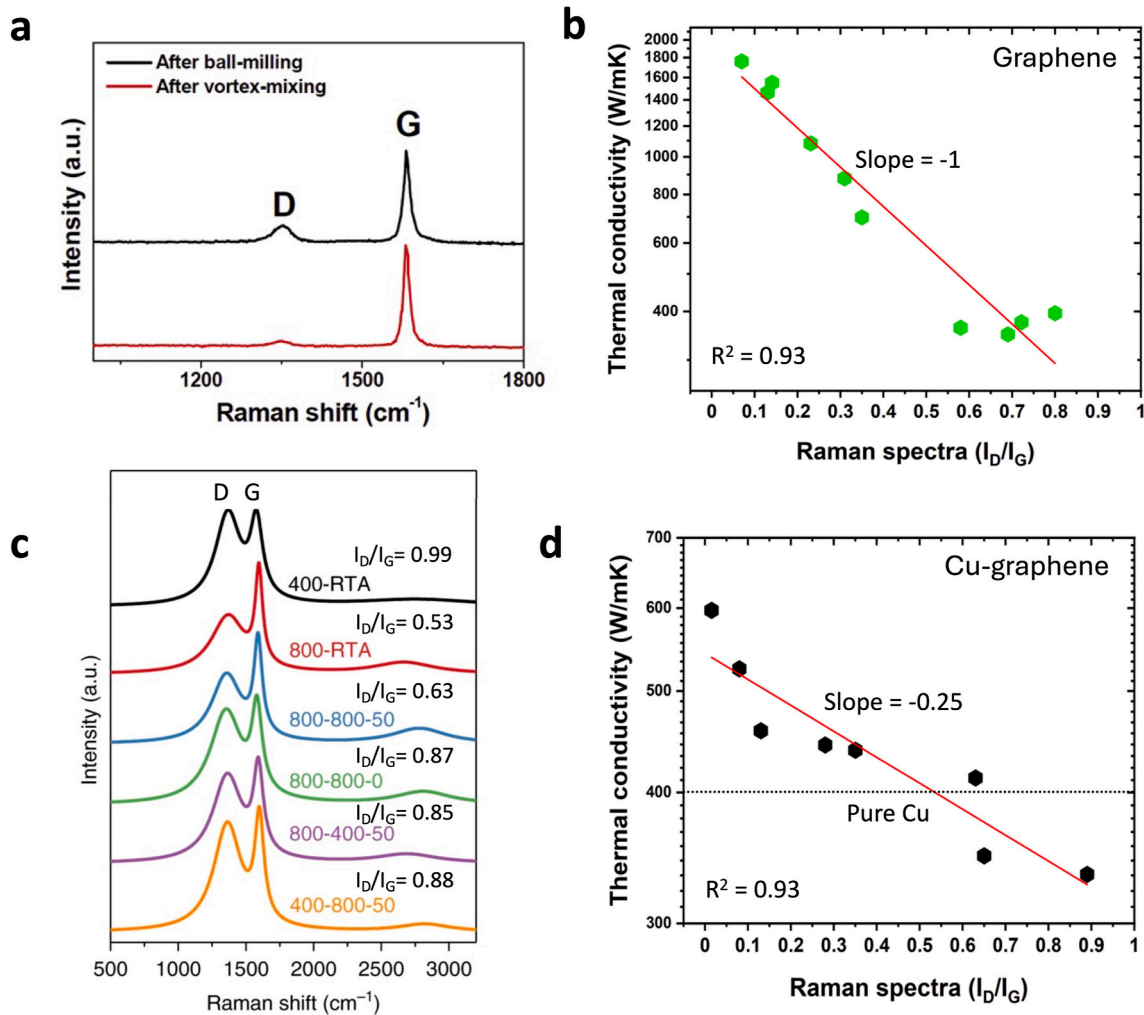


Fig. 25. (a) Raman spectra of graphene after different preparation methods, (b) Thermal conductivity as a function of  $I_D/I_G$  taken from the Raman spectrum, (c) Raman spectra of copper-graphene 2DMMCs according to their fabrication conditions. The number in the first, second, and third positions presents the experimental condition for thermal annealing temperature, hot-pressing temperature in  $^{\circ}\text{C}$ , and hot-pressing pressure in MPa. (d) Thermal conductivity values of copper-graphene as a function of the Raman ratio  $I_D/I_G$  taken from the Raman spectrum [49,64,66,327,330,336,338,339,350].

345–347]. The form-factor  $\beta_{\perp}$  can be defined, as follows:

$$\beta_{\perp} = 1 - \frac{K_m \cdot \left( \frac{R_k K_{2D}}{t} + 1 \right)}{K_{2D}} \quad (3)$$

The symbols are similar to those used in Section 5.1.

In Fig. 24a experimental observations of the thermal conductivity in the in-plane direction are displayed. There is a general trend toward larger values for conductivity as the thickness of the 2D-material layer increases. However, the trend is qualitative and actual measurements are hampered by considerable experimental variations. In Fig. 24b the form-factor  $\beta_{\perp}$  as predicted by the effective medium theory is displayed,

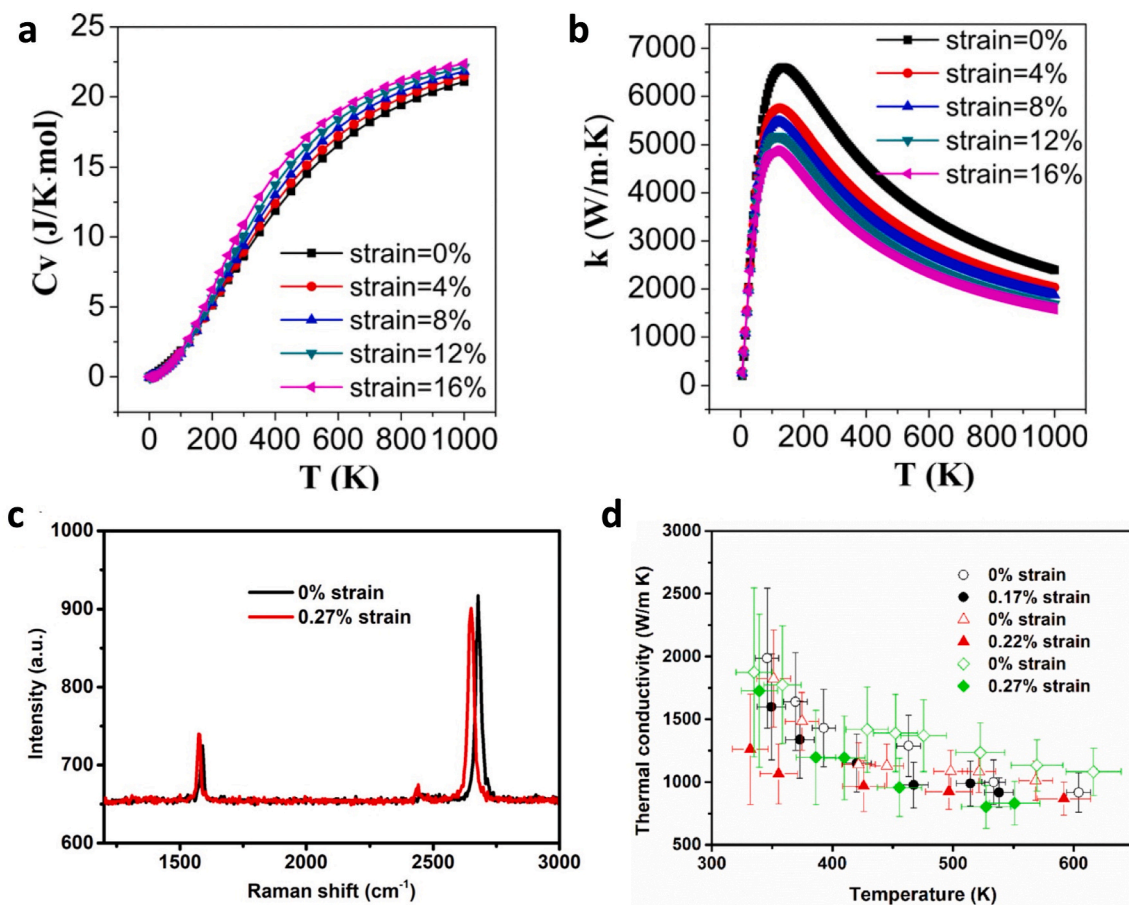


Fig. 26. Effect of strain on (a) heat capacity, (b) thermal conductivity of graphene calculated by density functional theory, and experimentally deduced strain effects on (c) shifted Raman spectra and (d) thermal conductivity data of strained graphene [351,353].

showing saturation with increasing thickness beyond 10 nm. The thermal conductivity changes little by introducing layers thicker than 10 nm. This may help to define the BM times needed to break up graphite into graphene flakes of small enough sizes.

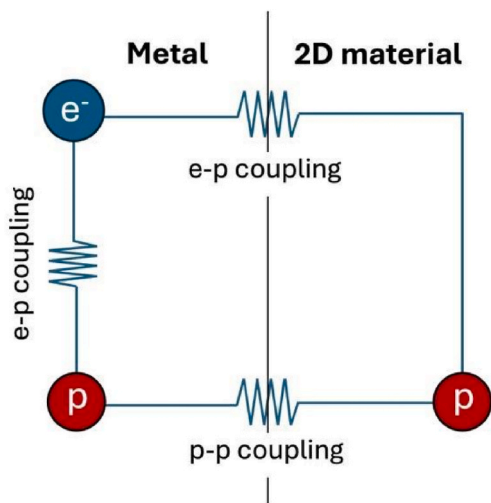


Fig. 27. Heat conduction mechanisms for a metal-2D material interface in 2DMMC systems: electron-phonon (e-p) coupling and phonon-phonon (p-p) coupling, respectively [360].

### 5.2.2. 2D Layer defects

When premixing metal host particles with a 2D material, the result will have defects in the 2D layer arising from the preparation process used to break up and deposit layers of graphene and graphite. This is quantified in Fig. 25a, in terms of the Raman spectrum of the 2D layer obtained from high-intensity BM, compared to the gentler vortex mixing. The BM procedure appears to introduce a separate Raman shift corresponding to defects, as seen by the secondary peak at the Raman D band. The final quality of the 2D layer influences the resulting thermal conductivity, as, on an atomistic scale, the phonon and electron transport are heavily affected by localized defects. Raman spectra can be used to compare the intensity at the defect scales ( $I_D$ ) with that at scales of the pristine layer ( $I_G$ ). The thermal conductivity appears to follow exponential scaling, as depicted in Fig. 25b [207]. Hence, careful preparation of the 2D layer free of defects is an essential approach to increase the thermal conductivity of copper and graphene after 2DMMC fabrication.

The Raman spectrum of actual samples of copper and graphene composites arising from BM and other production methods, at a specific range of parameters, such as temperature and pressure, is displayed in Fig. 25c. In this case, the separation of the D and G peaks is less outspoken, but the ratio  $I_D/I_G$  can be precisely determined. This simple parameter provides a direct index of the resulting thermal conductivity. In fact, a relatively low Raman spectrum ratio  $I_D/I_G$ , implying small contributions of defects, is seen to directly relate to a high thermal conductivity. The reverse is also true with low thermal conductivity in case of strong defects in the 2D layer. Quantitatively, there appears to be an exponential relationship between the Raman ratio  $I_D/I_G$  and the thermal conductivity for copper-graphene as seen on the semi log-scale presented in Fig. 25d.

**Table 11**  
Interfacial characteristics for 2DMMCs with several metal-2D material combinations.

Materials	Interface bonding	Interatomic distance (Å)	Adhesion strength (J/m <sup>2</sup> )	Interfacial thermal conductance (MW/m <sup>2</sup> K)	Possible interface reaction	References
Cu-graphene	Physisorbed	3.23–3.32	0.394–0.74	23	No	[348, 371–373]
Al-graphene	Physisorbed	3.41–3.63	0.2	20–31	Yes (Al <sub>4</sub> C <sub>3</sub> )	[366,374, 375]
Al <sub>4</sub> C <sub>3</sub> -graphene	Chemisorbed (Covalent/Ionic)	3.48–3.49 (C-termination) 2.02–2.05 (Al-termination)	0.26–0.79 (C-termination) 5.98–6.28 (Al-termination)	–	–	[369]
Fe-graphene	Chemisorbed	2.20–3.00	0.73–1.00	–	Yes (Fe <sub>3</sub> C/Fe <sub>7</sub> C <sub>3</sub> )	[368]
Fe <sub>3</sub> C/Fe <sub>7</sub> C <sub>3</sub> -graphene	Chemisorbed (Covalent)	1.80–2.50	4.32–5.63	–	–	[368]
Ni-graphene	Chemisorbed	2.11–2.17	3.0–3.5	200	No	[367,376, 377]
Ti-graphene	Chemisorbed	2.08–2.15	2.12	31–39	Yes (TiC)	[348,378, 379]
TiC-Ti	Chemisorbed (Covalent/Ionic)	2.08–3.097	0.784–3.102	–	–	[370]
Cu-hBN	Physisorbed	2.91–3.38	0.53	16–29	No	[360,372, 380]

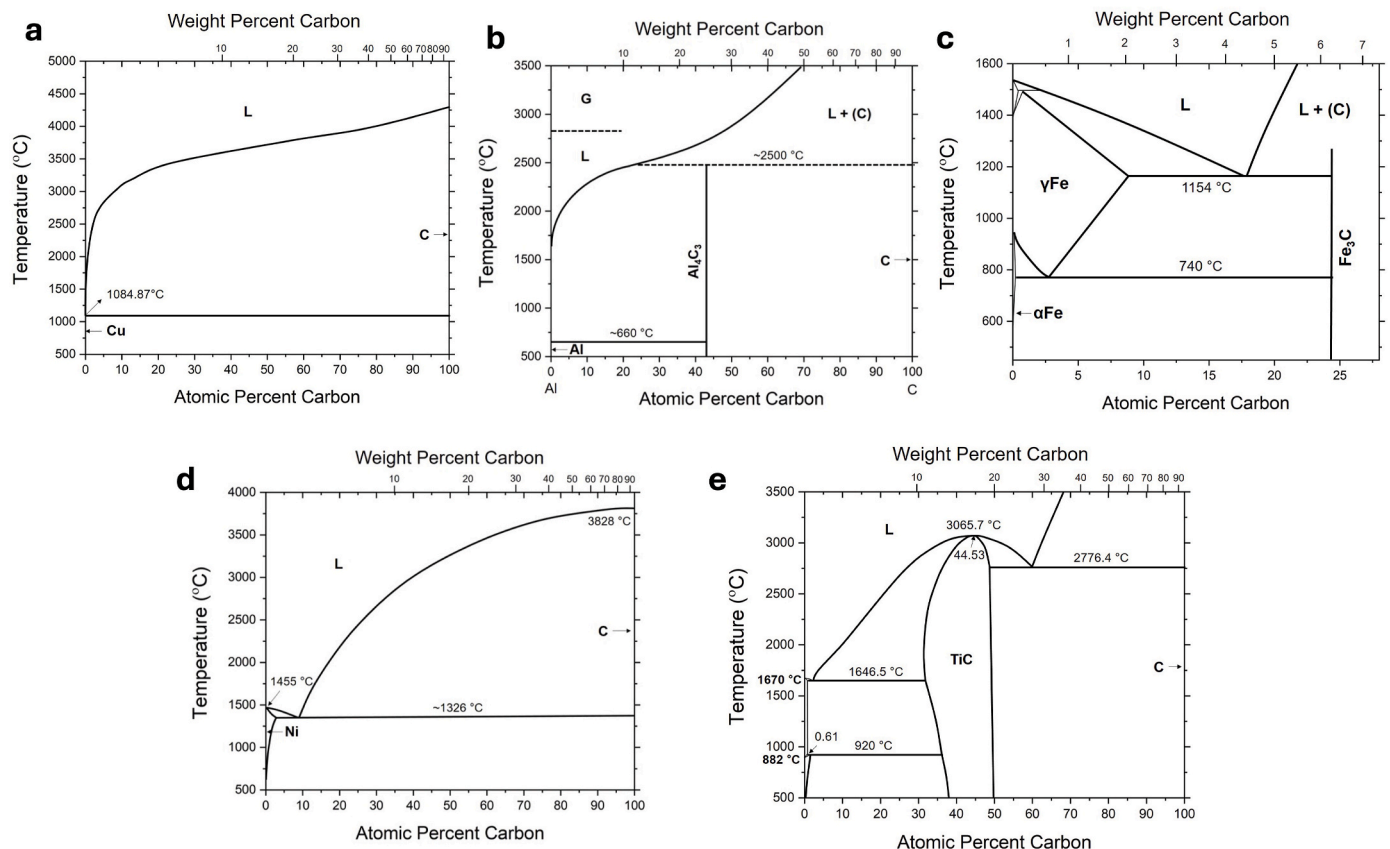
### 5.2.3. Strain

A small block of a metal matrix combined with a layer of 2D material can be strained in several directions, thereby affecting the dispersion of acoustic and optical phonon modes. This alters the thermal transport at a fundamental level [351–354]. Fig. 26a–b depict the calculated heat capacity and thermal conductivity of strained monolayer graphene, respectively, clearly showing modifications under uniaxial tensile strain and deformed crystal symmetry [351]. The altered crystallographic symmetry and resulting frequency shifts of optical phonon modes (Fig. 26c), appear to involve more phonons and increase the heat conductivity. In general, the thermal conductivity of the strained state

decreases considerably with increasing temperature [352], as confirmed in Fig. 26d [353].

### 5.3. Characteristics of the interface

In heterogeneous material systems like 2DMMCs, interfaces play a key role in heat transfer, particularly when the mean free path of phonons exceeds the characteristic length of the interface and ballistic transport occurs [355,356]. The interface acts as a barrier for heat conduction, as illustrated in Fig. 27 [357–360]. It has been established that phonon-phonon coupling at the interface forms the main heat



**Fig. 28.** Phase diagrams of metal-graphene for five representative metal matrices: a-e for Cu, Al, Fe, Ni, and Ti, respectively [381–384].

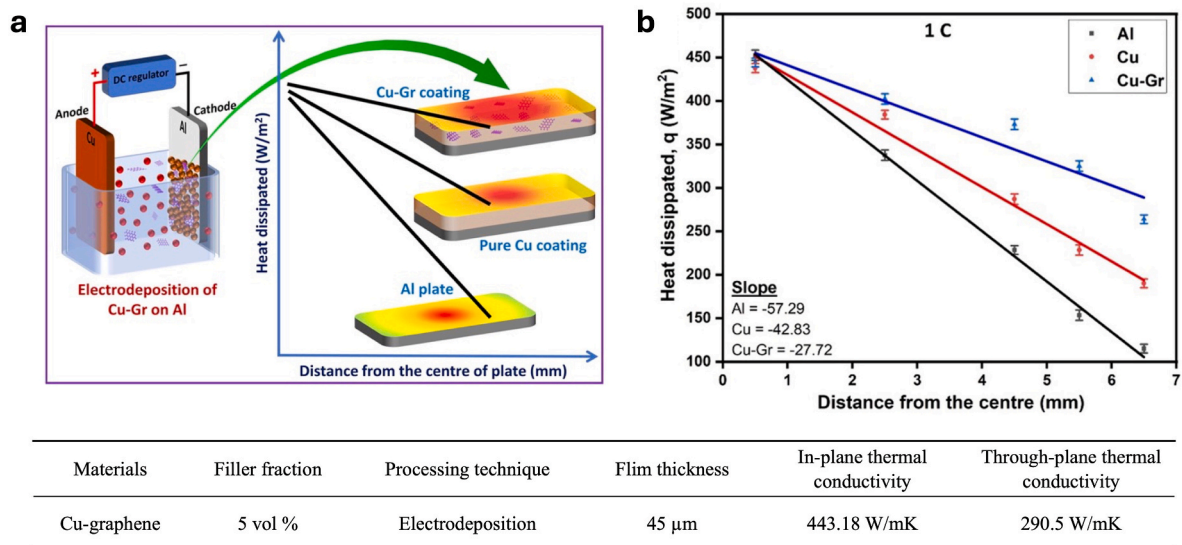


Fig. 29. Heat spreader applications of copper-graphene composite, processed by electrodeposition. (a) Schematic illustrations of the experimental setup for copper-graphene processing, (b) Heat transfer properties of copper-graphene coatings. Copper-graphene presents the highest heat dissipation rate overall coated areas, (c) Thermal properties of copper-graphene heat spreader coating [392].

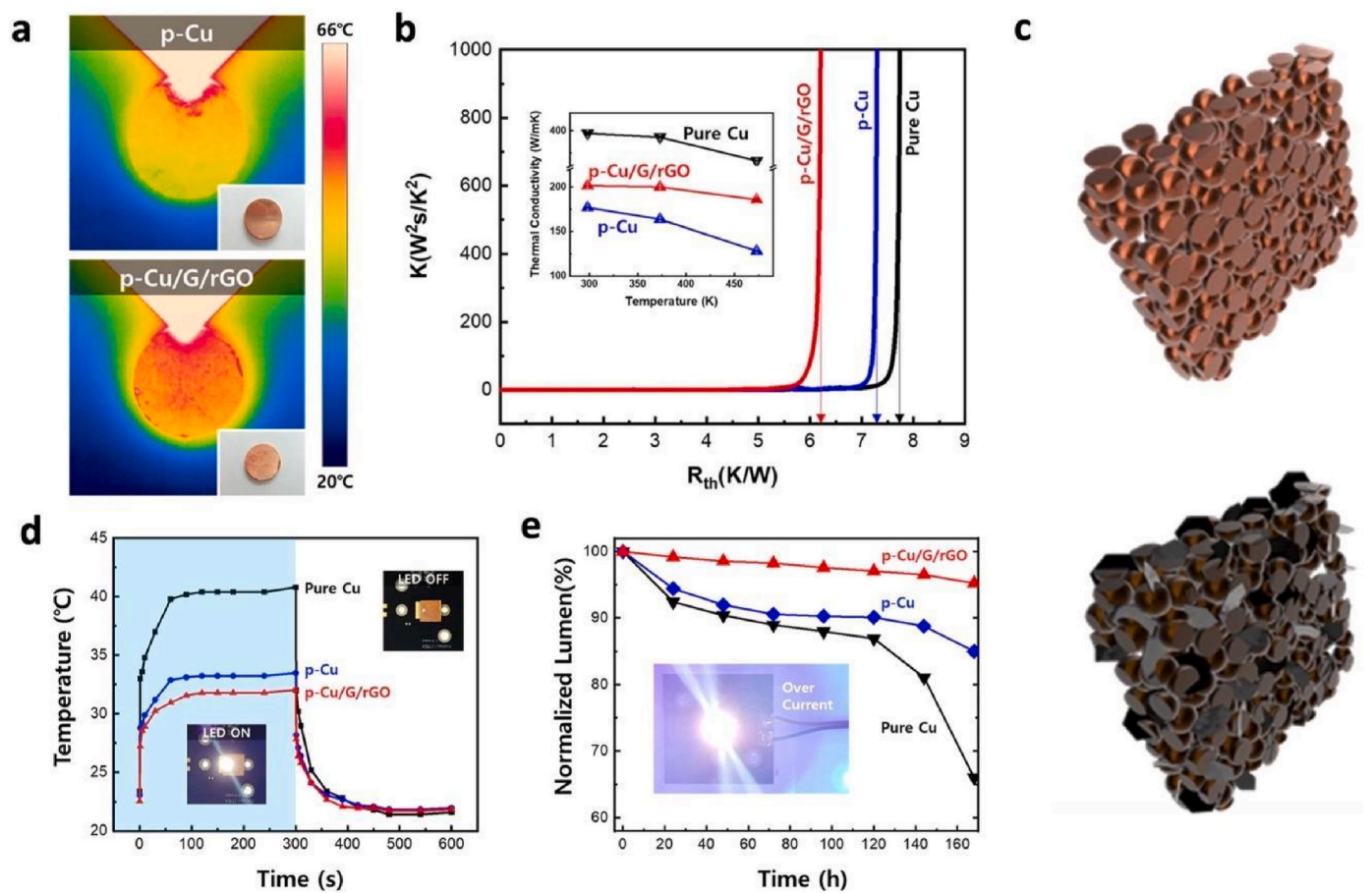


Fig. 30. Heat sink applications of copper-graphene porous structure for microelectronics cooling, processed by chemical vapour deposition and sintering: (a) Thermal infrared images of porous copper and porous copper-graphene, (b) Thermal resistance of LED device with porous heat sink, (c) Schematic images of porous copper (top) and porous copper-graphene (bottom), (d) Temperature distribution of LED devices with heat sinks under on- and off-state LED, (e) LED stability tests with heat sink based on light intensity measurements over time [393].

**Table 12**  
Potential applications for including 2DMMCs in heat transfer: advantages and limitations.

Heat transfer applications using 2DMMCs	Advantages	Limitations	Effects of 2D materials	References
Heat spreader	Higher thermal conductivity and better control over thermal expansion coefficients, compared to traditional materials. E.g., the extreme reduction of thermal conductivity of thin metal films (down to 20 % of intrinsic values) due to the high surface roughness can be mitigated by the addition of graphene. Thermal properties of a heat spreader can be modified using 2DMMC coatings.	Currently, only available for mm-scale applications using electrodeposition. Few manufacturing techniques available for the targeted application sizes.	Improvement of thermal conductivity. Reduction of mismatches in thermal expansion coefficients.	[334,392, 396,397]
Heat sink	Higher thermal conductivity and better heat transfer performance compared to traditional materials. This applies to low as well as very high temperatures.	Nano-agglomeration of graphene during processing may hinder potential improvements. Limitation in shape and size during product design. Currently, sintering is the main processing technique. Application is restricted to low-power electronics, such as LEDs, due to the limited scalability. Anisotropic thermal expansion and conductivity.	Phonon scattering across interfaces. Surface area enhancements Oxidative protection Higher thermal conductivity	[393,398, 399]
Other applications (e.g., heat exchanger)	Higher thermal conductivity  Higher mechanical strength-to-weight  Improved corrosion resistance  Better long-term durability compared to traditional materials	Anticipated potential is not yet realized using applications with large-scale 2DMMC inclusion, e.g., no industrial-scale copper-graphene heat exchanger)	Higher thermal conductivity  Improved mechanical strength Enhanced corrosion resistance Retention of a lightweight implementation	[342, 400–402]

conduction mechanism [357,358,360]. In fact, enhancing phonon-phonon coupling at the interface by modifying interface bonding [357,359–361] was found to increase the interfacial thermal conductance.

### 5.3.1. Interface bonding

Interface bonding between metal and the 2D material in 2DMMCs is divided into physisorption and chemisorption. Physisorption originates from vdW interactions, while chemisorption derives from chemical interactions, such as covalent or ionic bonding [362,363]. In 2DMMC parts, interface bonding depends on how much the interatomic distance in the metal matrix differs from that of graphene (3.35 Å) and h-BN (3.33 Å) [348,357,359,364,365]. The bonding is considered physisorption if both interatomic distances are comparable. Conversely, chemisorption arises if the metal matrix has a shorter interatomic distance close to covalent bonding, typically around 2.2 Å. It has been observed that the graphene layer is more prone to be physisorbed on Cu, Al, Au, Ag, and Pt (typical interatomic distances of 3.2–3.4 Å), but chemisorbed on Ti, Co, Ni, Pd, Ni, and Fe (typical interatomic distances of 2.0–2.2 Å). In Table 11 the adhesion strength and related Interfacial Thermal Conductance (ITC) are presented for five representative metal matrices Cu, Al, Fe, Ni, Ti, and graphene.

Chemisorbed metal-graphene exhibits stronger adhesion than physisorbed metal-graphene, leading to enhanced phonon-phonon coupling [348,361,366]. For instance, physisorbed metal-graphene shows ITC values in the range of 20–30 MW/m<sup>2</sup>K [348,366]. Chemisorbed interfaces show values beyond 40 MW/m<sup>2</sup>K [366], even reaching 200 MW/m<sup>2</sup>K for nickel-graphene [367]. Furthermore, the interface reaction between metal and graphene needs to be considered, since entirely different adhesion strengths may occur due to interface carbide phases. According to the phase diagrams shown in Fig. 28 of 5 metal matrixes and graphene, copper, and nickel do not show any carbide formations, while other metals can form carbide phases, depending on the fabrication temperatures and processing route. Once a carbide phase forms, adhesion strength increases, which may lead to an increase in ITC values [368–370].

### 5.3.2. Addition of active elements

Heat conduction at the interfaces in 2DMMC parts can be increased by engineering the interface reactions [340,385,386]. In fact, interface bonding can be enhanced by the addition of active elements. For example, physisorbed copper-graphene can be modified to chemisorbed copper-graphene through carbide phase formations with the addition of Mo [387], Zr [386], Ti [388], Cr [385], and Ni [389]. As a result, thermal conductivity can be increased up to ~800 W/mK or it can be decreased to ~300 W/mK.

## 6. Future perspectives on heat transfer applications and processing

The aim to enhance efficiency and mitigate the environmental impact of heat management is a catalyst driving innovations in heat transfer technologies. Heating and cooling account for about half of the global energy consumption [390]. It is the largest source of energy use, ahead of electricity (20 %) and transport (30 %), and is responsible for more than 40 % of global energy-related carbon dioxide emissions. Improving heat management using 2DMMC parts in novel devices, is hence crucial for the energy transition from fossil to renewable sources.

This section focuses on future heat transfer applications derived from 2DMMCs and AM processes to realize complex parts. These two areas not only showcase the versatility and potential of 2DMMCs, but also underscore their capacity to revolutionize heat transfer efficiency using novel manufacturing techniques.

### 6.1. Potential of 2DMMC parts in heat transfer

2DMMC parts are used in many applications such as heat sinks, thermal interfaces, and heat spreaders, displaying augmented thermal conductivity, reduced thermal expansion, expanded operating temperature ranges, and heightened strength-to-weight ratios, as summarized in Table 12 [391]. Striking examples of the technological potential of 2DMMC parts for heat transfer include.

**Table 13**

Key challenges for 2DMMC research from the perspective of materials, thermal characterizations, powder production, manufacturing and heat transfer applications.

Challenge area	Current status	Future prospects
Materials perspective	<ul style="list-style-type: none"> <li>Copper-graphene is the most studied system, capable of achieving thermal conductivity improvements up to 600 W/mK</li> <li>Enhancements in thermal conductivity beyond 600W/mK are likely limited due to graphene distribution, intrinsic defects, and low interfacial thermal conductance (ITC)</li> <li>Limited application of 2DMMCs utilizing other combinations of metal-2D materials, such as copper-hBN, and aluminum-graphene</li> </ul>	<ul style="list-style-type: none"> <li>Broadening the range of material types in 2DMMCs to expand application areas beyond heat transfer systems</li> <li>Developing high-quality composites by optimized processing of 2D materials and the fabrication of 2DMMCs</li> <li>Controlling interface reactions between the metal matrix and 2D materials to enhance thermal conductivity, and potentially other properties</li> </ul>
Thermal characterization	<ul style="list-style-type: none"> <li>Various thermal characterization techniques, including TPS and laser flash analysis, have been well-developed for 2D materials and 2DMMCs</li> <li>Characterization is applied to mm-scale and nano-scale features</li> </ul>	<ul style="list-style-type: none"> <li>Applying atomistic-level thermal and structural characterizations to understand heat transfer phenomena</li> <li>Developing advanced characterization techniques to enable fast, accurate, and reproducible measurements</li> </ul>
2DMMC powder production	<ul style="list-style-type: none"> <li>BM and LPE are two representative techniques for large-scale 2DMMC powder production</li> <li>BM offers better scalability, but can easily cause structural damage to the 2D layers and morphology modifications of the powder particles</li> <li>LPE can provide high-quality exfoliation of 2D layers, but solvent contamination in the final products and low yield are key challenges</li> </ul>	<ul style="list-style-type: none"> <li>Hybrid processing techniques combining BM and LPE to improve the quality of 2D layers and enhance control over size and thickness</li> <li>Careful process optimization using machine learning-assisted simulations</li> <li>Application of appropriate wet BM to minimize structural damage</li> <li>Recycling of solvent to enhance the yield of LPE</li> </ul>
Manufacturing techniques	<ul style="list-style-type: none"> <li>Manufacturing 2DMMCs requires careful consideration of various factors, such as uniform distribution of the 2D phase, and potential structural and oxidative damage</li> <li>To address these challenges, hybrid fabrication techniques are employed for 2DMMCs, leveraging the advantages of each individual method</li> <li>However, scalability and manufacturing costs remain significant challenges</li> </ul>	<ul style="list-style-type: none"> <li>Optimizing fabrication techniques and process parameters for targeted applications with desired material properties</li> <li>AM can offer better control over the distribution of 2D phase within a metal matrix, improving material properties</li> <li>AM develops scalability and enables the fabrication of complex geometries</li> </ul>
Heat transfer applications	<ul style="list-style-type: none"> <li>Heat transfer applications, such as heat spreaders and heat sinks, have been demonstrated using copper-graphene</li> <li>Large-scale production and limitations in geometrical design are the key challenges that need to be addressed</li> </ul>	<ul style="list-style-type: none"> <li>Expanding application areas to other heat transfer systems, including heat exchangers</li> <li>AM can provide a solution for scalability and design issues, unlocking new opportunities for heat transfer applications</li> </ul>

- Heat spreader enhancement:** Sainudeen et al. [392] studied the convective heat transfer of an aluminium heat spreader coated with a copper-graphene nanocomposite (Fig. 29), focusing on spot heating scenarios for battery packs. Using electrodeposition to apply copper and copper-graphene composite materials onto the surface of the aluminium heat spreader, a significant reduction in temperature differentials was observed, with decreases of 66 %, 55 %, and 41 % measured at discharging rates of 0.5 C, 1 C, and 3 C, respectively.
- Heat sink:** Rho et al. [393] engineered a novel composite heat sink for an LED chip, consisting of layers of porous copper/single-layer graphene/graphene oxide (p-Cu/SLG/GO) (Fig. 30). Compared to pure copper, the heat dissipation capabilities were much improved – a decrease in overall thermal resistance in p-Cu/Gr/GrO was observed under typical operating conditions. A high bright level of 95.24 % of the initial value after 160 h exposure to rigorous operating conditions was achieved, compared to 66.04 % for pure copper.

Anisotropic thermal control could enhance the operational efficiency of miniature cooling systems [394,395]. Engineering latent heat transfer involving condensation and evaporation of a coolant fluid may accelerate the transfer rate between heat exchangers and 2DMMC parts by an order of magnitude.

## 6.2. Additive manufacturing of 2DMMC parts

AM, also referred to as 3D printing, can be used to construct a three-dimensional object, from a powder feedstock, layer by layer [403,404]. The manufacturing of 2DMMC parts using AM techniques presents significant challenges.

- Fabrication of components using 2DMMCs:** AM feedstock powders must possess nearly spherical morphology for good flowability and uniform printing quality. However, achieving this morphology for composite powders of metal and 2D materials necessitates the exploration of various optimization strategies.
- Manufacturability of the composites:** Disparate melting points of metallic components and 2D materials within a single powder mixture can lead to issues with processability. Alinejadian et al.

[405] reported on LPBF of MoS<sub>2</sub>-based nanocomposites, arising from the different melting points of MoS<sub>2</sub> (1185 °C) and Mo (2623 °C).

- Layer mismatches:** Weak vdW forces between layers affect thermal conductivity and thermal expansion at interfaces. Optimization of process parameters is essential for fabricating 2DMMC components.

Several studies have demonstrated improved mechanical properties of 2DMMC parts by incorporating reinforcement 2D materials using AM. Jiang et al. [406] and Wen et al. [407] examined the microstructure and mechanical performance of aluminum/titanium diboride (Al/TiB<sub>2</sub>) composites produced via DED. Similarly, Li et al. [408] evaluated the effect of nano-TiB<sub>2</sub> on the microstructural properties of an aluminum-silicon-magnesium alloy produced via LPBF. Hu et al. [303] conducted research on parts manufactured using LPBF with copper-graphene composites. The composites exhibited an average Young's modulus of 118.9 GPa and a hardness of 3 GPa, representing increases of 17.6 % and 50 %, respectively, compared to pure copper.

Compared to the research focusing on mechanically enhanced performance, there has been much less attention on the application of 2DMMC parts to enhance thermal conductivity. Zhang et al. [409] investigated L-PBF of graphene-aluminum-based 2DMMC parts to enhance strength and ductility. The findings underscored the importance of controlling interface characteristics, such as bonding, to improve thermal conductivity.

Developing AM of 2DMMCs requires interdisciplinary efforts to understand the dependencies between materials, processing parameters, and resulting properties. Current drivers of research include:

- **Novel feedstock materials and fabrication techniques:** Research efforts may identify novel feedstock materials and fabrication techniques to address challenges related to powder morphology and processability. This involves exploring alternative sources of 2D materials, optimizing powder compositions, and innovating fabrication processes.
- **Enhanced thermal conductivity:** Developing innovative approaches for interface tailoring and densification control can help improve thermal conductivity.

- **Developing multiscale models:** Advanced computational tools that address AM on a range of important dynamic time and length scales can provide insights into material behavior, phase transformations, and microstructural evolution during processing.
- **Applications beyond heat transfer materials:** While heat transfer materials represent a significant application area for 2DMMC parts, there is a potential for their utilization in other industries such as electronics, aerospace, defence, and automotive.

By addressing these research areas, AM of 2DMMC parts can unlock new opportunities for unprecedented and customizable mechanical and thermal properties of novel parts.

## 7. Summary and outlook

Over several decades, extensive research on 2DMMC materials has advanced our understanding of their physical and thermal properties, fabrication from powder feedstocks to parts, and their heat transport. Detailed studies on thermal characterization techniques, scalable production, and process optimization have led to significant advancements in a variety of 2DMMC heat transfer applications.

Among 2DMMCs, copper-graphene stands out for its potential in heat transfer systems owing to graphene's high thermal conductivity and the high ductility, toughness and manufacturability of copper. However, the reported maximum thermal conductivity of approximately 600 W/mK for copper-graphene 2DMMC at room temperature is only marginally better than that of pure copper (~400 W/mK) [336,410]. Further improvements of thermal properties of 2DMMCs are crucial for future heat transfer applications – the following generic developments are anticipated in the near future:

1. Developments of thermal characterization techniques at nanometer- and mm-scale for understanding thermal properties
2. Formulation of mass production recipes for 2D materials with excellent crystallinity and minimized oxidation.
3. New techniques for uniform coating of 2D layers on metal surfaces is a timely pacing item for further studies
4. Development of cost-effective fabrication techniques enabling a controlled distribution of 2D phases in a metal matrix, e.g., maintaining good homogeneity or introducing controlled grading of material properties
5. Control of thermal anisotropy for targeted specific heat transfer applications, e.g., when developing a heat spreader or heat exchanger using directional cooling
6. Expansion of research on other 2DMMCs (Cu-h-BN, Al-graphene, etc.)
7. Enhancement of the interface properties between the 2D material and the host metal matrix using controlled interface reactions

Finally, overall specific conclusions regarding the current state-of-the-art and future prospects discussed in this review are summarized in Table 13. Recent progress in advanced thermal characterization and emerging fabrication techniques, such as AM, opens new possibilities for applications of 2DMMCs with unprecedented thermal performances.

## Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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## Data availability

No data was used for the research described in the article.

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